

PSLO Performance Report 2022-24

by Program with SLO

The purpose of this report is to present the number and percent of assessment scores at each mastery level for each program or institution learning outcome for a given term(s) or assessment cycle(s) for a given department, program, or course group. You can also choose to show this information by course.

Department: Physical Education

SLOs: Program PSLOs

Program: Kinesiology AA-T

Date: 10-08-2024

Courses: All Courses for Selected Programs

Terms: Fall 2022, Winter 2023, Spring 2023, Fall 2023, Winter 2024, Spring 2024

Academic Division » Biology

PSLO: 1. Describe foundational anatomical, biomechanical, and physiological basis for human movement.

Course: BIO203 - Human Anatomy and Physiology I

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	55	33.33%	32	19.39%	35	21.21%	43	26.06%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	55	33.33%	32	19.39%	35	21.21%	43	26.06%

Course: BIO204 - Human Anatomy and Physiology II

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: BIO205 - Human Anatomy and Physiology III

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.

Course: BIO203 - Human Anatomy and Physiology I

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: BIO204 - Human Anatomy and Physiology II

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: BIO205 - Human Anatomy and Physiology III

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness.

Course: BIO203 - Human Anatomy and Physiology I

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	11	33.33%	5	15.15%	9	27.27%	8	24.24%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	11	33.33%	5	15.15%	9	27.27%	8	24.24%

Course: BIO204 - Human Anatomy and Physiology II

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: BIO205 - Human Anatomy and Physiology III

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

Course: BIO203 - Human Anatomy and Physiology I

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: BIO204 - Human Anatomy and Physiology II

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: BIO205 - Human Anatomy and Physiology III

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Overall by Term for PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Overall by Course for PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Human Anatomy and Physiology I	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Human Anatomy and Physiology II	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Human Anatomy and Physiology III	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Overall by Term for Program: Academic Division » Biology

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	66	33.33%	37	18.69%	44	22.22%	51	25.76%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Overall by PSLO for Program: Academic Division » Biology

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
1. Describe foundational anatomical, biomechanical, and physiological basis for human movement.	55	33.33%	32	19.39%	35	21.21%	43	26.06%

Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
	0	0.00%	0	0.00%	0	0.00%	0	0.00%
	11	33.33%	5	15.15%	9	27.27%	8	24.24%
	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Apply the principles and practices that promote lifelong physical fitness and wellness.								
Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.								

Academic Division » Mathematics

PSLO: 1. Describe foundational anatomical, biomechanical, and physiological basis for human movement.

Course: MAT201 - Elementary Statistics

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Overall by Term for PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Overall by Course for PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Elementary Statistics	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Overall by Term for Program: Academic Division » Mathematics

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Overall by PSLO for Program: Academic Division » Mathematics

Complete Understanding	Strong Understanding	Moderate Understanding	Little to No Understanding
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1. Describe foundational anatomical, biomechanical, and physiological basis for human movement.	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
	0	0.00%	0	0.00%	0	0.00%	0	0.00%
	0	0.00%	0	0.00%	0	0.00%	0	0.00%
	0	0.00%	0	0.00%	0	0.00%	0	0.00%
	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Academic Division » Physical Education

PSLO: 1. Describe foundational anatomical, biomechanical, and physiological basis for human movement.

Course: PEF100C - Beginning Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF100CA - Intermediate Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF100G - Beginning Flexibility and Stress Reduction

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF100GA - Intermediate Flexibility and Stress Reduction

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101A - Body Blast: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	12	75.00%	4	25.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	12	75.00%	4	25.00%	0	0.00%	0	0.00%

Course: PEF101AA - Body Blast: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	12	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	12	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101B - Beginning Cardiovascular Body Sculpting

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101BA - Intermediate Cardiovascular Body Sculpting

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101C - People on Weights: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101CA - People on Weights: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101F - Interval Training: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	8	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	8	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101FA - Interval Training: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	3	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	3	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101GA - Intermediate Strength Training With Theraballs and Exertubes

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101H - Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101HA - Intermediate Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101J - Power, Speed, and Agility Training 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101K - Power, Speed, and Agility Training 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF104D - Hard Core Kickboxing

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF104F - Circuit Training 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF104G - Circuit Training 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF116C - Tennis 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF118A - Badminton 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	8	100.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	8	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF118B - Badminton 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	1	50.00%	1	50.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	1	50.00%	1	50.00%	0	0.00%	0	0.00%

Course: PEF118C - Badminton 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF123A - Basketball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	9	60.00%	5	33.33%	0	0.00%	1	6.67%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	9	60.00%	5	33.33%	0	0.00%	1	6.67%

Course: PEF123B - Basketball 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	2	33.33%	2	33.33%	2	33.33%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	2	33.33%	2	33.33%	2	33.33%	0	0.00%

Course: PEF123C - Basketball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	2	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	2	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF124A - Volleyball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF124B - Volleyball 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF124C - Volleyball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF125A - Golf 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	3	75.00%	1	25.00%	0	0.00%	0	0.00%
Overall	3	75.00%	1	25.00%	0	0.00%	0	0.00%

Course: PEF125B - Golf 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF125C - Golf 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	2	100.00%	0	0.00%	0	0.00%	0	0.00%
Overall	2	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF126A - Pickleball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF126B - Pickleball 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF126C - Pickleball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF135A - Indoor Soccer

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF135F - Soccer 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	11	68.75%	4	25.00%	1	6.25%	0	0.00%
Overall	11	68.75%	4	25.00%	1	6.25%	0	0.00%

Course: PEF135G - Soccer 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	3	100.00%	0	0.00%	0	0.00%	0	0.00%
Overall	3	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF135H - Soccer 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	3	60.00%	2	40.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	3	60.00%	2	40.00%	0	0.00%	0	0.00%

Course: PEF135M - Futsal

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	3	100.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	3	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140A - Hatha Yoga: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140B - Hatha Yoga: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140C - Ashtanga Yoga: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	49	77.78%	5	7.94%	9	14.29%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	49	77.78%	5	7.94%	9	14.29%	0	0.00%

Course: PEF140D - Ashtanga Yoga: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	8	100.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	8	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140E - Vinyasa Yoga: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	24	66.67%	8	22.22%	4	11.11%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	24	66.67%	8	22.22%	4	11.11%	0	0.00%

Course: PEF140F - Vinyasa Yoga: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	16	100.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	16	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PET104 - Introduction to Kinesiology

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	6	46.15%	7	53.85%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	6	46.15%	7	53.85%	0	0.00%	0	0.00%

Course: PET106 - First Aid and CPR

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	48	88.89%	6	11.11%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	48	88.89%	6	11.11%	0	0.00%	0	0.00%

PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.

Course: PEF100C - Beginning Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF100CA - Intermediate Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF100G - Beginning Flexibility and Stress Reduction

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF100GA - Intermediate Flexibility and Stress Reduction

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101A - Body Blast: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101AA - Body Blast: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101B - Beginning Cardiovascular Body Sculpting

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101BA - Intermediate Cardiovascular Body Sculpting

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101C - People on Weights: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101CA - People on Weights: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101F - Interval Training: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101FA - Interval Training: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101GA - Intermediate Strength Training With Theraballs and Exertubes

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101H - Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101HA - Intermediate Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101J - Power, Speed, and Agility Training 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101K - Power, Speed, and Agility Training 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF104D - Hard Core Kickboxing

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF104F - Circuit Training 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF104G - Circuit Training 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF116C - Tennis 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF118A - Badminton 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF118B - Badminton 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF118C - Badminton 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF123A - Basketball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF123B - Basketball 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF123C - Basketball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF124A - Volleyball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF124B - Volleyball 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF124C - Volleyball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF125A - Golf 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF125B - Golf 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF125C - Golf 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF126A - Pickleball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF126B - Pickleball 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF126C - Pickleball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	4	40.00%	5	50.00%	1	10.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	4	40.00%	5	50.00%	1	10.00%	0	0.00%

Course: PEF135A - Indoor Soccer

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF135F - Soccer 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF135G - Soccer 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF135H - Soccer 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF135M - Futsal

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	6	100.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	6	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140A - Hatha Yoga: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140B - Hatha Yoga: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140C - Ashtanga Yoga: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140D - Ashtanga Yoga: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140E - Vinyasa Yoga: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140F - Vinyasa Yoga: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PET104 - Introduction to Kinesiology

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	13	50.00%	13	50.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	13	50.00%	13	50.00%	0	0.00%	0	0.00%

Course: PET106 - First Aid and CPR

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	3	16.67%	15	83.33%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	3	16.67%	15	83.33%	0	0.00%	0	0.00%

PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness.**Course: PEF100C - Beginning Core Training and Cardiovascular Fitness**

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF100CA - Intermediate Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF100G - Beginning Flexibility and Stress Reduction

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF100GA - Intermediate Flexibility and Stress Reduction

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101A - Body Blast: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	12	75.00%	4	25.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	12	75.00%	4	25.00%	0	0.00%	0	0.00%

Course: PEF101AA - Body Blast: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	12	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	12	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101B - Beginning Cardiovascular Body Sculpting

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101BA - Intermediate Cardiovascular Body Sculpting

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101C - People on Weights: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101CA - People on Weights: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101F - Interval Training: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	8	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	8	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101FA - Interval Training: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	3	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	3	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101GA - Intermediate Strength Training With Theraballs and Exertubes

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101H - Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101HA - Intermediate Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101J - Power, Speed, and Agility Training 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101K - Power, Speed, and Agility Training 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF104D - Hard Core Kickboxing

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF104F - Circuit Training 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF104G - Circuit Training 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF116C - Tennis 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF118A - Badminton 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	8	100.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	8	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF118B - Badminton 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	1	50.00%	1	50.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	1	50.00%	1	50.00%	0	0.00%	0	0.00%

Course: PEF118C - Badminton 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF123A - Basketball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	10	66.67%	4	26.67%	1	6.67%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	10	66.67%	4	26.67%	1	6.67%	0	0.00%

Course: PEF123B - Basketball 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF123C - Basketball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF124A - Volleyball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF124B - Volleyball 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF124C - Volleyball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF125A - Golf 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	3	75.00%	0	0.00%	1	25.00%	0	0.00%
Overall	3	75.00%	0	0.00%	1	25.00%	0	0.00%

Course: PEF125B - Golf 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF125C - Golf 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	1	100.00%	0	0.00%	0	0.00%	0	0.00%
Overall	1	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF126A - Pickleball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF126B - Pickleball 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF126C - Pickleball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	8	40.00%	11	55.00%	1	5.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	8	40.00%	11	55.00%	1	5.00%	0	0.00%

Course: PEF135A - Indoor Soccer

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF135F - Soccer 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	11	68.75%	4	25.00%	1	6.25%	0	0.00%
Overall	11	68.75%	4	25.00%	1	6.25%	0	0.00%

Course: PEF135G - Soccer 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	3	100.00%	0	0.00%	0	0.00%	0	0.00%
Overall	3	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF135H - Soccer 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	3	60.00%	2	40.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	3	60.00%	2	40.00%	0	0.00%	0	0.00%

Course: PEF135M - Futsal

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	3	100.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	3	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140A - Hatha Yoga: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140B - Hatha Yoga: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140C - Ashtanga Yoga: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	49	77.78%	5	7.94%	9	14.29%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	49	77.78%	5	7.94%	9	14.29%	0	0.00%

Course: PEF140D - Ashtanga Yoga: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	8	100.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	8	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140E - Vinyasa Yoga: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	24	66.67%	8	22.22%	4	11.11%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	24	66.67%	8	22.22%	4	11.11%	0	0.00%

Course: PEF140F - Vinyasa Yoga: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	16	100.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	16	100.00%	0	0.00%	0	0.00%	0	0.00%

Course: PET104 - Introduction to Kinesiology

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PET106 - First Aid and CPR

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	16	88.89%	2	11.11%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	16	88.89%	2	11.11%	0	0.00%	0	0.00%

PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

Course: PEF100C - Beginning Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF100CA - Intermediate Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF100G - Beginning Flexibility and Stress Reduction

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF100GA - Intermediate Flexibility and Stress Reduction

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101A - Body Blast: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101AA - Body Blast: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101B - Beginning Cardiovascular Body Sculpting

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101BA - Intermediate Cardiovascular Body Sculpting

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101C - People on Weights: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101CA - People on Weights: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101F - Interval Training: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101FA - Interval Training: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101GA - Intermediate Strength Training With Theraballs and Exertubes

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101H - Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101HA - Intermediate Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101J - Power, Speed, and Agility Training 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF101K - Power, Speed, and Agility Training 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF104D - Hard Core Kickboxing

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF104F - Circuit Training 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF104G - Circuit Training 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF116C - Tennis 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF118A - Badminton 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF118B - Badminton 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF118C - Badminton 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF123A - Basketball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF123B - Basketball 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF123C - Basketball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF124A - Volleyball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF124B - Volleyball 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF124C - Volleyball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF125A - Golf 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF125B - Golf 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF125C - Golf 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF126A - Pickleball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF126B - Pickleball 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF126C - Pickleball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF135A - Indoor Soccer

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF135F - Soccer 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF135G - Soccer 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF135H - Soccer 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF135M - Futsal

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140A - Hatha Yoga: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140B - Hatha Yoga: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140C - Ashtanga Yoga: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140D - Ashtanga Yoga: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140E - Vinyasa Yoga: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PEF140F - Vinyasa Yoga: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course: PET104 - Introduction to Kinesiology

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	7	63.64%	4	36.36%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	7	63.64%	4	36.36%	0	0.00%	0	0.00%

Course: PET106 - First Aid and CPR

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Overall by Term for PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Fall 2023	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2024	7	63.64%	4	36.36%	0	0.00%	0	0.00%
Spring 2024	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Overall by Course for PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Beginning Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Flexibility and Stress Reduction	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Flexibility and Stress Reduction	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Body Blast: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Body Blast: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Intermediate Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%
People on Weights: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
People on Weights: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Interval Training: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Interval Training: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Strength Training With Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Balance and Stability Exercise (B.A.S.E.)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Balance and Stability Exercise (B.A.S.E.)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hard Core Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Indoor Soccer	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Futsal	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hatha Yoga: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hatha Yoga: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Ashtanga Yoga: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Ashtanga Yoga: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Vinyasa Yoga: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Vinyasa Yoga: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Introduction to Kinesiology	7	63.64%	4	36.36%	0	0.00%	0	0.00%
First Aid and CPR	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Overall by Term for Program: Academic Division » Physical Education

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2022	55	65.48%	25	29.76%	3	3.57%	1	1.19%
Winter 2023	128	80.00%	12	7.50%	20	12.50%	0	0.00%
Spring 2023	171	76.34%	45	20.09%	8	3.57%	0	0.00%
Fall 2023	48	85.71%	8	14.29%	0	0.00%	0	0.00%
Winter 2024	26	52.00%	24	48.00%	0	0.00%	0	0.00%
Spring 2024	37	75.51%	9	18.37%	3	6.12%	0	0.00%

Overall by PSLO for Program: Academic Division » Physical Education

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
1. Describe foundational anatomical, biomechanical, and physiological basis for human movement.	233	78.98%	45	15.25%	16	5.42%	1	0.34%
Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.	26	43.33%	33	55.00%	1	1.67%		
Apply the principles and practices that promote lifelong physical fitness and wellness.	199	77.43%	41	15.95%	17	6.61%		
Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.	7	63.64%	4	36.36%	0	0.00%	0	0.00%