## PSLO Performance Report 2021-22 By Course

## by Program with SLO

The purpose of this report is to present the number and percent of assessment scores at each mastery level for each program or institution learning outcome for a given term(s) or assessment cycle(s) for a given department, program, or course group. You can also choose to show this information by course.

**Department:** Physical Education **Program:** Kinesiology AA-T

Courses: All Courses for Selected Programs

Terms: Fall 2021, Winter 2022, Spring 2022

SLOs: Program PSLOs

Date: 01-18-2023

## Academic Division 1 » Biology

PSLO: Describe foundational anatomical, biomechanical, and physiological basis for human movement.

Course: BIO203 - Human Anatomy and Physiology I

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: BIO204 - Human Anatomy and Physiology II

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	52	32.50%	47	29.38%	43	26.88%	18	11.25%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	52	32.50%	47	29.38%	43	26.88%	18	11.25%

## Course: BIO205 - Human Anatomy and Physiology III

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	33	37.93%	26	29.89%	23	26.44%	5	5.75%
Overall	33	37.93%	26	29.89%	23	26.44%	5	5.75%

## Overall by Term for PSLO: Describe foundational anatomical, biomechanical, and physiological basis for human movement.

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	52	32.50%	47	29.38%	43	26.88%	18	11.25%	
Spring 2022	33	37.93%	26	29.89%	23	26.44%	5	5.75%	

## Overall by Course for PSLO: Describe foundational anatomical, biomechanical, and physiological basis for human movement.

	Complete Ur	Complete Understanding		Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Human Anatomy and Physiology I	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Human Anatomy and Physiology II	52	32.50%	47	29.38%	43	26.88%	18	11.25%
Human Anatomy and Physiology III	33	37.93%	26	29.89%	23	26.44%	5	5.75%

# PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement. Course: BIO203 - Human Anatomy and Physiology I

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: BIO204 - Human Anatomy and Physiology II

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: BIO205 - Human Anatomy and Physiology III

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Overall by Term for PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Overall by Course for PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.

	Complete Ur	Complete Understanding		Strong Understanding		Moderate Understanding		Jnderstanding
Human Anatomy and Physiology I		0.00%	0	0.00%	0	0.00%	0	0.00%
Human Anatomy and Physiology II		0.00%	0	0.00%	0	0.00%	0	0.00%
Human Anatomy and Physiology III		0.00%	0	0.00%	0	0.00%	0	0.00%

# PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness. Course: BIO203 - Human Anatomy and Physiology I

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: BIO204 - Human Anatomy and Physiology II

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: BIO205 - Human Anatomy and Physiology III

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	20	34.48%	16	27.59%	18	31.03%	4	6.90%
Overall	20	34.48%	16	27.59%	18	31.03%	4	6.90%

#### Overall by Term for PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	20	34.48%	16	27.59%	18	31.03%	4	6.90%

#### Overall by Course for PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Human Anatomy and Physiology I		0.00%	0	0.00%	0	0.00%	0	0.00%
Human Anatomy and Physiology II		0.00%	0	0.00%	0	0.00%	0	0.00%
Human Anatomy and Physiology III		34.48%	16	27.59%	18	31.03%	4	6.90%

#### PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

#### Course: BIO203 - Human Anatomy and Physiology I

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: BIO204 - Human Anatomy and Physiology II

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: BIO205 - Human Anatomy and Physiology III

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Overall by Term for PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Overall by Course for PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Human Anatomy and Physiology I		0.00%	0	0.00%	0	0.00%	0	0.00%
Human Anatomy and Physiology II		0.00%	0	0.00%	0	0.00%	0	0.00%
Human Anatomy and Physiology III		0.00%	0	0.00%	0	0.00%	0	0.00%

## Overall by Term for Program: Academic Division 1 » Biology

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	52	32.50%	47	29.38%	43	26.88%	18	11.25%
Spring 2022	53	36.55%	42	28.97%	41	28.28%	9	6.21%

## Overall by PSLO for Program: Academic Division 1 » Biology

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Ur	nderstanding	Little to No	Understanding
Describe foundational anatomical, biomechanical, and physiological basis for human movement.	85	34.41%	73	29.55%	66	26.72%	23	9.31%
Describe the behavioral, historical, psychosocial and philosophical aspects of human movement.	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Apply the principles and practices that promote lifelong physical fitness and wellness.	20	34.48%	16	27.59%	18	31.03%	4	6.90%
Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### **Academic Division 1 » Mathematics**

PSLO: Describe foundational anatomical, biomechanical, and physiological basis for human movement.

Course: MAT201 - Elementary Statistics

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Overall by Term for PSLO: Describe foundational anatomical, biomechanical, and physiological basis for human movement.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Overall by Course for PSLO: Describe foundational anatomical, biomechanical, and physiological basis for human movement.

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Elementary Statistics	()	0.00%	0	0.00%	0	0.00%	0	0.00%

#### PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Overall by Term for PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Overall by Course for PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Elementary Statistics	l ()	0.00%	0	0.00%	0	0.00%	0	0.00%

#### PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Overall by Term for PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Overall by Course for PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness.

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Elementary Statistics	()	0.00%	0	0.00%	0	0.00%	0	0.00%

#### PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Overall by Term for PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

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	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

Overall by Course for PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Elementary Statistics	()	0.00%	0	0.00%	0	0.00%	0	0.00%

## Overall by Term for Program: Academic Division 1 » Mathematics

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Overall by PSLO for Program: Academic Division 1 » Mathematics

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Un	derstanding	Little to No l	Inderstanding
Describe foundational anatomical, biomechanical, and physiological basis for human movement.	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Describe the behavioral, historical, psycho- social and philosophical aspects of human movement.	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Apply the principles and practices that promote lifelong physical fitness and wellness.	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Understanding		<b>Jnderstanding</b>	
Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Academic Division 1 » Physical Education

PSLO: Describe foundational anatomical, biomechanical, and physiological basis for human movement.

Course: PEF100C - Beginning Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF100CA - Intermediate Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF100G - Beginning Flexibility and Stress Reduction

	Complete Understanding		Strong Und	lerstanding	standing Moderate Understanding Little to N		Little to No l	O Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF100GA - Intermediate Flexibility and Stress Reduction

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101A - Body Blast: Beginning

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101AA - Body Blast: Intermediate

	Complete Understanding		Strong Und	lerstanding	rstanding Moderate Understanding Little to No		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101B - Beginning Cardiovascular Body Sculpting

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101BA - Intermediate Cardiovascular Body Sculpting

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Und		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101C - People on Weights: Beginning

	Complete Understanding		Strong Und	derstanding Moderate Understanding Little t		Little to No l	No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101CA - People on Weights: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101F - Interval Training: Beginning

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101FA - Interval Training: Intermediate

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Unders			<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101G - Beginning Strength Training with Theraballs and Exertubes

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101GA - Intermediate Strength Training With Theraballs and Exertubes

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Under		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101H - Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Und	lerstanding	nding Moderate Understanding Little to		Little to No l	No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF101HA - Intermediate Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF101J - Power, Speed, and Agility Training 1

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101K - Power, Speed, and Agility Training 2

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding Little to No Unders		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF104A - Box Aerobics

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Jnderstanding
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104B - Ultra Kickboxing

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Under			<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104C - Powerkickboxing

	Complete Understanding		Strong Und	lerstanding	nding Moderate Understanding Little to		Little to No l	No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF104D - Hard Core Kickboxing

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PEF104E - Powerstrike Circuit

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF104F - Circuit Training 1

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No		Little to No l	<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104G - Circuit Training 2

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Jnderstanding
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF116A - Tennis 1

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PEF116B - Tennis 2

	Complete Understanding		Strong Und	lerstanding	ng Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF116C - Tennis 3

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PEF118A - Badminton 1

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF118B - Badminton 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No		Little to No l	<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF118C - Badminton 3

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Jnderstanding
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF123A - Basketball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF123B - Basketball 2

	Complete Understanding		Strong Und	lerstanding	ng Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF123C - Basketball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF124A - Volleyball 1

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	7	87.50%	1	12.50%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	7	87.50%	1	12.50%	0	0.00%	0	0.00%

## Course: PEF124B - Volleyball 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Unde			<b>Jnderstanding</b>
Fall 2021	1	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	1	100.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF124C - Volleyball 3

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	1	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	1	100.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF125A - Golf 1

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF125B - Golf 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Un		Jnderstanding	
Fall 2021	0	0.00%	4	100.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	4	100.00%	0	0.00%	0	0.00%

#### Course: PEF125C - Golf 3

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PEF126A - Pickleball 1

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF126B - Pickleball 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Under			<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF126C - Pickleball 3

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF135A - Indoor Soccer

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Jnderstanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	19	52.78%	13	36.11%	4	11.11%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	19	52.78%	13	36.11%	4	11.11%	0	0.00%	

#### Course: PEF135F - Soccer 1

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No		Little to No l	Jnderstanding
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF135G - Soccer 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF135H - Soccer 3

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF135M - Futsal

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding Little to No Understa			<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF140A - Hatha Yoga: Beginning

	Complete Understanding		Strong Und	lerstanding	Moderate Un	derstanding	Little to No Understanding	
Fall 2021	49	68.06%	9	12.50%	7	9.72%	7	9.72%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	49	68.06%	9	12.50%	7	9.72%	7	9.72%

## Course: PEF140B - Hatha Yoga: Intermediate

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	12	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	12	100.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF140C - Ashtanga Yoga: Beginning

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding Little to No Unde			Jnderstanding
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF140D - Ashtanga Yoga: Intermediate

	Complete Understanding		Strong Und	lerstanding	Moderate Ur	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PEF140E - Vinyasa Yoga: Beginning

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding Little to No Underst		Inderstanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF140F - Vinyasa Yoga: Intermediate

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding Little to No Under		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PET104 - Introduction to Kinesiology

	Complete Understanding		Strong Und	lerstanding	nding Moderate Understanding Little		Little to No l	ttle to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PET106 - First Aid and CPR

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding Little to No Under			<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Overall by Term for PSLO: Describe foundational anatomical, biomechanical, and physiological basis for human movement.

	Complete Understanding		Strong Und	lerstanding	tanding Moderate Understanding Little to N		Little to No l	Understanding	
Fall 2021	70	71.43%	14	14.29%	7	7.14%	7	7.14%	
Winter 2022	19	52.78%	13	36.11%	4	11.11%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Overall by Course for PSLO: Describe foundational anatomical, biomechanical, and physiological basis for human movement.

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Un	derstanding	Little to No U	<b>Jnderstanding</b>
Beginning Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Flexibility and Stress Reduction	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Ur	nderstanding	Strong Un	derstanding	Moderate U	nderstanding	Little to No	Understanding
Intermediate Flexibility and Stress Reduction	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Body Blast: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Body Blast: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%
People on Weights: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
People on Weights: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Interval Training: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Interval Training: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Strength Training with Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Strength Training With Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Balance and Stability Exercise (B.A.S.E.)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Balance and Stability Exercise (B.A.S.E.)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Box Aerobics	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Ultra Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Powerkickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hard Core Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Powerstrike Circuit	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete U	nderstanding	Strong Und	derstanding	Moderate U	nderstanding	Little to No	Understanding
Basketball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 1	7	87.50%	1	12.50%	0	0.00%	0	0.00%
Volleyball 2	1	100.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 3	1	100.00%	0	0.00%	0	0.00%	0	0.00%
Golf 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 2	0	0.00%	4	100.00%	0	0.00%	0	0.00%
Golf 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Indoor Soccer	19	52.78%	13	36.11%	4	11.11%	0	0.00%
Soccer 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Futsal	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hatha Yoga: Beginning	49	68.06%	9	12.50%	7	9.72%	7	9.72%
Hatha Yoga: Intermediate	12	100.00%	0	0.00%	0	0.00%	0	0.00%
shtanga Yoga: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
shtanga Yoga: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Vinyasa Yoga: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Vinyasa Yoga: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Introduction to Kinesiology	0	0.00%	0	0.00%	0	0.00%	0	0.00%
st Aid and CPR	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement. Course: PEF100C - Beginning Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF100CA - Intermediate Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Und	lerstanding	Moderate Un	derstanding	Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF100G - Beginning Flexibility and Stress Reduction

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Under			<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF100GA - Intermediate Flexibility and Stress Reduction

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101A - Body Blast: Beginning

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No U		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101AA - Body Blast: Intermediate

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101B - Beginning Cardiovascular Body Sculpting

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101BA - Intermediate Cardiovascular Body Sculpting

	Complete Understanding		Strong Und	lerstanding	ding Moderate Understandi		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101C - People on Weights: Beginning

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Under			<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101CA - People on Weights: Intermediate

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Jnderstanding
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101F - Interval Training: Beginning

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF101FA - Interval Training: Intermediate

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No U		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101G - Beginning Strength Training with Theraballs and Exertubes

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101GA - Intermediate Strength Training With Theraballs and Exertubes

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No U	<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101H - Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101HA - Intermediate Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Jnderstanding
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101J - Power, Speed, and Agility Training 1

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF101K - Power, Speed, and Agility Training 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF104A - Box Aerobics

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104B - Ultra Kickboxing

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF104C - Powerkickboxing

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding Little to No U		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104D - Hard Core Kickboxing

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF104E - Powerstrike Circuit

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104F - Circuit Training 1

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Jnderstanding
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104G - Circuit Training 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF116A - Tennis 1

	Complete Understanding		g Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF116B - Tennis 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF116C - Tennis 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF118A - Badminton 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding			
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%		
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%		
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%		
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%		

#### Course: PEF118B - Badminton 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF118C - Badminton 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF123A - Basketball 1

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF123B - Basketball 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF123C - Basketball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF124A - Volleyball 1

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF124B - Volleyball 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF124C - Volleyball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF125A - Golf 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF125B - Golf 2

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Un	Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF125C - Golf 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF126A - Pickleball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	13	61.90%	6	28.57%	1	4.76%	1	4.76%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	13	61.90%	6	28.57%	1	4.76%	1	4.76%

#### Course: PEF126B - Pickleball 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	10	62.50%	5	31.25%	1	6.25%	0	0.00%
Overall	10	62.50%	5	31.25%	1	6.25%	0	0.00%

#### Course: PEF126C - Pickleball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF135A - Indoor Soccer

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF135F - Soccer 1

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF135G - Soccer 2

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF135H - Soccer 3

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PEF135M - Futsal

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Un	derstanding Little to No I		Jnderstanding
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF140A - Hatha Yoga: Beginning

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF140B - Hatha Yoga: Intermediate

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Un	derstanding	Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF140C - Ashtanga Yoga: Beginning

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding Little to No Understanding		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF140D - Ashtanga Yoga: Intermediate

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF140E - Vinyasa Yoga: Beginning

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF140F - Vinyasa Yoga: Intermediate

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Ur	derstanding Little to No I		Jnderstanding
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PET104 - Introduction to Kinesiology

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PET106 - First Aid and CPR

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Overall by Term for PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	13	61.90%	6	28.57%	1	4.76%	1	4.76%
Spring 2022	10	62.50%	5	31.25%	1	6.25%	0	0.00%

## Overall by Course for PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.

Complete Understanding Carang Understanding Medarate Understanding Little to No Understanding												
	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Ur	nderstanding	Little to No l	Inderstanding				
Beginning Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Intermediate Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Beginning Flexibility and Stress Reduction	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Intermediate Flexibility and Stress Reduction	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Body Blast: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Body Blast: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Beginning Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Intermediate Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
People on Weights: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
People on Weights: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Interval Training: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Interval Training: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Beginning Strength Training with Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%				

	Complete U	nderstanding	Strong Un	derstanding	Moderate U	nderstanding	Little to No	Understanding
Intermediate Strength Training With Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Balance and Stability Exercise (B.A.S.E.)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Balance and Stability Exercise (B.A.S.E.)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Box Aerobics	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Ultra Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Powerkickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hard Core Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Powerstrike Circuit	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 1	13	61.90%	6	28.57%	1	4.76%	1	4.76%
Pickleball 2	10	62.50%	5	31.25%	1	6.25%	0	0.00%
Pickleball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Indoor Soccer	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Futsal	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hatha Yoga: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hatha Yoga: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Ashtanga Yoga: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Ur	Complete Understanding		Strong Understanding		Moderate Understanding		Inderstanding
Ashtanga Yoga: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Vinyasa Yoga: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Vinyasa Yoga: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Introduction to Kinesiology	0	0.00%	0	0.00%	0	0.00%	0	0.00%
First Aid and CPR	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness.

## Course: PEF100C - Beginning Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF100CA - Intermediate Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF100G - Beginning Flexibility and Stress Reduction

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF100GA - Intermediate Flexibility and Stress Reduction

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101A - Body Blast: Beginning

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101AA - Body Blast: Intermediate

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101B - Beginning Cardiovascular Body Sculpting

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101BA - Intermediate Cardiovascular Body Sculpting

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101C - People on Weights: Beginning

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101CA - People on Weights: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101F - Interval Training: Beginning

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101FA - Interval Training: Intermediate

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding Little to No Und			<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101G - Beginning Strength Training with Theraballs and Exertubes

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101GA - Intermediate Strength Training With Theraballs and Exertubes

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Und		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101H - Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101HA - Intermediate Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101J - Power, Speed, and Agility Training 1

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No U		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101K - Power, Speed, and Agility Training 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Ur		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF104A - Box Aerobics

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Jnderstanding
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104B - Ultra Kickboxing

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104C - Powerkickboxing

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104D - Hard Core Kickboxing

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PEF104E - Powerstrike Circuit

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF104F - Circuit Training 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104G - Circuit Training 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF116A - Tennis 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF116B - Tennis 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF116C - Tennis 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF118A - Badminton 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF118B - Badminton 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF118C - Badminton 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF123A - Basketball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF123B - Basketball 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF123C - Basketball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF124A - Volleyball 1

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2021	8	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	8	100.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF124B - Volleyball 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Und			<b>Jnderstanding</b>
Fall 2021	1	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	1	100.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF124C - Volleyball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	1	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	1	100.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF125A - Golf 1

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PEF125B - Golf 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	2	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	2	100.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF125C - Golf 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF126A - Pickleball 1

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	26	61.90%	12	28.57%	2	4.76%	2	4.76%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	26	61.90%	12	28.57%	2	4.76%	2	4.76%

## Course: PEF126B - Pickleball 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No		Jnderstanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	20	62.50%	9	28.12%	3	9.38%	0	0.00%
Overall	20	62.50%	9	28.12%	3	9.38%	0	0.00%

## Course: PEF126C - Pickleball 3

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF135A - Indoor Soccer

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	10	55.56%	7	38.89%	1	5.56%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	10	55.56%	7	38.89%	1	5.56%	0	0.00%	

#### Course: PEF135F - Soccer 1

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to		Little to No l	No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PEF135G - Soccer 2

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PEF135H - Soccer 3

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF135M - Futsal

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Und		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF140A - Hatha Yoga: Beginning

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	49	68.06%	9	12.50%	7	9.72%	7	9.72%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	49	68.06%	9	12.50%	7	9.72%	7	9.72%

# Course: PEF140B - Hatha Yoga: Intermediate

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	12	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	12	100.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF140C - Ashtanga Yoga: Beginning

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

# Course: PEF140D - Ashtanga Yoga: Intermediate

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PEF140E - Vinyasa Yoga: Beginning

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF140F - Vinyasa Yoga: Intermediate

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Unde			<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PET104 - Introduction to Kinesiology

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PET106 - First Aid and CPR

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Overall by Term for PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness.

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	73	76.04%	9	9.38%	7	7.29%	7	7.29%
Winter 2022	36	60.00%	19	31.67%	3	5.00%	2	3.33%
Spring 2022	20	62.50%	9	28.12%	3	9.38%	0	0.00%

# Overall by Course for PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness.

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Ur	Moderate Understanding		<b>Jnderstanding</b>
Beginning Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Flexibility and Stress Reduction	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Ur	nderstanding	Strong Un	derstanding	Moderate U	nderstanding	Little to No	Understanding
Intermediate Flexibility and Stress Reduction	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Body Blast: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Body Blast: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%
People on Weights: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
People on Weights: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Interval Training: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Interval Training: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Strength Training with Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Strength Training With Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Balance and Stability Exercise (B.A.S.E.)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Balance and Stability Exercise (B.A.S.E.)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Box Aerobics	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Ultra Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Powerkickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hard Core Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Powerstrike Circuit	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete U	nderstanding	Strong Und	derstanding	Moderate U	nderstanding	Little to No	<b>Jnderstanding</b>
Basketball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 1	8	100.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 2	1	100.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 3	1	100.00%	0	0.00%	0	0.00%	0	0.00%
Golf 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 2	2	100.00%	0	0.00%	0	0.00%	0	0.00%
Golf 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 1	26	61.90%	12	28.57%	2	4.76%	2	4.76%
Pickleball 2	20	62.50%	9	28.12%	3	9.38%	0	0.00%
Pickleball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Indoor Soccer	10	55.56%	7	38.89%	1	5.56%	0	0.00%
Soccer 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Futsal	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hatha Yoga: Beginning	49	68.06%	9	12.50%	7	9.72%	7	9.72%
Hatha Yoga: Intermediate	12	100.00%	0	0.00%	0	0.00%	0	0.00%
Ashtanga Yoga: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Ashtanga Yoga: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Vinyasa Yoga: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Vinyasa Yoga: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Introduction to Kinesiology	0	0.00%	0	0.00%	0	0.00%	0	0.00%
rst Aid and CPR	0	0.00%	0	0.00%	0	0.00%	0	0.00%

PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

# Course: PEF100C - Beginning Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PEF100CA - Intermediate Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF100G - Beginning Flexibility and Stress Reduction

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Un		<b>Jnderstanding</b>	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF100GA - Intermediate Flexibility and Stress Reduction

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

# Course: PEF101A - Body Blast: Beginning

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101AA - Body Blast: Intermediate

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

# Course: PEF101B - Beginning Cardiovascular Body Sculpting

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101BA - Intermediate Cardiovascular Body Sculpting

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101C - People on Weights: Beginning

	Complete Understanding		Strong Und	lerstanding	Moderate Ur	derstanding	Little to No l	<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101CA - People on Weights: Intermediate

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

# Course: PEF101F - Interval Training: Beginning

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Und			<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101FA - Interval Training: Intermediate

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101G - Beginning Strength Training with Theraballs and Exertubes

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101GA - Intermediate Strength Training With Theraballs and Exertubes

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No		Little to No U	Inderstanding
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101H - Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Under			<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF101HA - Intermediate Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF101J - Power, Speed, and Agility Training 1

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101K - Power, Speed, and Agility Training 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF104A - Box Aerobics

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104B - Ultra Kickboxing

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PEF104C - Powerkickboxing

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Under			<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF104D - Hard Core Kickboxing

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF104E - Powerstrike Circuit

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF104F - Circuit Training 1

	Complete Ur	nderstanding	Strong Und	Strong Understanding		Moderate Understanding		Jnderstanding
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF104G - Circuit Training 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF116A - Tennis 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF116B - Tennis 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF116C - Tennis 3

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Under		Jnderstanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF118A - Badminton 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF118B - Badminton 2

	Complete Ur	nderstanding	Strong Und	Strong Understanding		Moderate Understanding		Jnderstanding
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF118C - Badminton 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF123A - Basketball 1

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF123B - Basketball 2

	Complete Understanding		Strong Und	lerstanding	g Moderate Understanding Little to		Little to No l	<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF123C - Basketball 3

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF124A - Volleyball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF124B - Volleyball 2

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF124C - Volleyball 3

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PEF125A - Golf 1

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF125B - Golf 2

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF125C - Golf 3

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF126A - Pickleball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF126B - Pickleball 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF126C - Pickleball 3

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF135A - Indoor Soccer

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF135F - Soccer 1

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding L		Little to No l	<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF135G - Soccer 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF135H - Soccer 3

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding		
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PEF135M - Futsal

	Complete Understanding		Strong Und	lerstanding	ing Moderate Understanding Little		Little to No l	ttle to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

# Course: PEF140A - Hatha Yoga: Beginning

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF140B - Hatha Yoga: Intermediate

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PEF140C - Ashtanga Yoga: Beginning

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding Little to No Unders			<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF140D - Ashtanga Yoga: Intermediate

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF140E - Vinyasa Yoga: Beginning

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF140F - Vinyasa Yoga: Intermediate

	Complete Understanding		Strong Und	lerstanding	ing Moderate Understanding Little		Little to No l	ttle to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

# Course: PET104 - Introduction to Kinesiology

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

#### Course: PET106 - First Aid and CPR

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		<b>Jnderstanding</b>
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Overall by Term for PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

	Complete Understanding		Strong Und	erstanding Moderate		derstanding	Little to No Understanding	
Fall 2021	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2022	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Overall by Course for PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

sport, and weiliess.												
	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Un	nderstanding	Little to No l	<b>Jnderstanding</b>				
Beginning Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Intermediate Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Beginning Flexibility and Stress Reduction	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Intermediate Flexibility and Stress Reduction	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Body Blast: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Body Blast: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Beginning Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Intermediate Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
People on Weights: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
People on Weights: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Interval Training: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Interval Training: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%				
Beginning Strength Training with Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%				

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Intermediate Strength Training With Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Balance and Stability Exercise (B.A.S.E.)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Balance and Stability Exercise (B.A.S.E.)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Box Aerobics	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Ultra Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Powerkickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hard Core Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Powerstrike Circuit	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Indoor Soccer	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Futsal	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hatha Yoga: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hatha Yoga: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Ashtanga Yoga: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Ashtanga Yoga: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Vinyasa Yoga: Beginning	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Vinyasa Yoga: Intermediate	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Introduction to Kinesiology	0	0.00%	0	0.00%	0	0.00%	0	0.00%
First Aid and CPR	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Overall by Term for Program: Academic Division 1 » Physical Education

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2021	143	73.71%	23	11.86%	14	7.22%	14	7.22%
Winter 2022	68	58.12%	38	32.48%	8	6.84%	3	2.56%
Spring 2022	30	62.50%	14	29.17%	4	8.33%	0	0.00%

# Overall by PSLO for Program: Academic Division 1 » Physical Education

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Describe foundational anatomical, biomechanical, and physiological basis for human movement.	89	66.42%	27	20.15%	11	8.21%	7	5.22%
Describe the behavioral, historical, psycho- social and philosophical aspects of human movement.	23	62.16%	11	29.73%	2	5.41%	1	2.70%
Apply the principles and practices that promote lifelong physical fitness and wellness.	129	68.62%	37	19.68%	13	6.91%	9	4.79%
Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.	0	0.00%	0	0.00%	0	0.00%	0	0.00%