# Lake Tahoe CC PSLO Performance 2018-19\_Course

# by Program with SLO

The purpose of this report is to present the number and percent of assessment scores at each mastery level for each program or institution learning outcome for a given term(s) or assessment cycle(s) for a given department, program, or course group. You can also choose to show this information by course.

Department: Physical Education

Program: Kinesiology AAT

Courses: All Courses for Selected Programs

Terms: Spring 2019, Winter 2019, Fall 2018

# Academic Division 1 » Biology

PSLO: Describe foundational anatomical, biomechanical, and physiological basis for human movement.

#### Course: BIO203 - Human Anatomy and Physiology I

[	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: BIO204 - Human Anatomy and Physiology II

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	85	35.42%	51	21.25%	71	29.58%	33	13.75%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	85	35.42%	51	21.25%	71	29.58%	33	13.75%

#### Course: BIO205 - Human Anatomy and Physiology III

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	63	38.41%	59	35.98%	29	17.68%	13	7.93%
Overall	63	38.41%	59	35.98%	29	17.68%	13	7.93%

Overall by Term for PSLO: Describe foundational anatomical, biomechanical, and physiological basis for human movement.

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	85	35.42%	51	21.25%	71	29.58%	33	13.75%
Spring 2019	63	38.41%	59	35.98%	29	17.68%	13	7.93%

# Overall by Course for PSLO: Describe foundational anatomical, biomechanical, and physiological basis for human movement.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Human Anatomy and Physiology I	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Human Anatomy and Physiology II	85	35.42%	51	21.25%	71	29.58%	33	13.75%
Human Anatomy and Physiology III	63	38.41%	59	35.98%	29	17.68%	13	7.93%

SLOs: Program PSLOs

Date: 03-18-2021

# PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.

# Course: BIO203 - Human Anatomy and Physiology I

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: BIO204 - Human Anatomy and Physiology II

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: BIO205 - Human Anatomy and Physiology III

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Overall by Term for PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Overall by Course for PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.

	Complete Understanding		Strong Und	lerstanding	Moderate Ur	derstanding	Little to No Understanding	
Human Anatomy and Physiology I	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Human Anatomy and Physiology II	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Human Anatomy and Physiology III	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness.

#### Course: BIO203 - Human Anatomy and Physiology I

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: BIO204 - Human Anatomy and Physiology II

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: BIO205 - Human Anatomy and Physiology III

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Un	derstanding	Little to No U	Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Overall by Term for PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness.

	Complete Ur	derstanding	Strong Und	lerstanding	Moderate Un	derstanding	Little to No U	Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Overall by Course for PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness.

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Ur	derstanding	Little to No l	Jnderstanding
Human Anatomy and Physiology I	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Human Anatomy and Physiology II	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Human Anatomy and Physiology III	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness. Course: BIO203 - Human Anatomy and Physiology I

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Un	derstanding	Little to No U	Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: BIO204 - Human Anatomy and Physiology II

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Un	derstanding	Little to No U	Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: BIO205 - Human Anatomy and Physiology III

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Un	derstanding	Little to No l	Jnderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Overall by Term for PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

	Complete Un	derstanding	Strong Und	lerstanding	Moderate Un	derstanding	Little to No U	Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Overall by Course for PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Un	derstanding	Little to No U	Inderstanding
Human Anatomy and Physiology I		0.00%	0	0.00%	0	0.00%	0	0.00%
Human Anatomy and Physiology II		0.00%	0	0.00%	0	0.00%	0	0.00%
Human Anatomy and Physiology III		0.00%	0	0.00%	0	0.00%	0	0.00%

# Overall by Term for Program: Academic Division 1 » Biology

	Complete Un	derstanding	Strong Und	lerstanding	Moderate Un	derstanding	Little to No U	Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	85	35.42%	51	21.25%	71	29.58%	33	13.75%
Spring 2019	63	38.41%	59	35.98%	29	17.68%	13	7.93%

#### Overall by PSLO for Program: Academic Division 1 » Biology

Complete Understanding	Strong Understanding	Moderate Understanding	Little to No Understanding
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	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Ur	derstanding	Little to No	Understanding
Describe foundational anatomical, piomechanical, and physiological basis for human movement.	148	36.63%	110	27.23%	100	24.75%	46	11.39%
Describe the behavioral, historical, psycho- social and philosophical aspects of human movement.	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Apply the principles and practices that promote lifelong physical fitness and wellness.	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.	0	0.00%	0	0.00%	0	0.00%	0	0.00%
cademic Divis			omechanical, a	and physiolog	ical basis for	human move	ment.	1
PSLO: Describe for	oundational a			and physiolog	ical basis for	human move	ment.	
SLO: Describe for	oundational a MAT201 - Eler	natomical, bio	tics	and physiolog		human move		Understanding
SLO: Describe for	oundational a MAT201 - Eler Complete U	natomical, bio mentary Statis	tics					Understanding
PSLO: Describe fo Course: N	oundational a MAT201 - Eler Complete U 0	natomical, bio mentary Statis Inderstanding	tics Strong Ur	derstanding	Moderate U	Inderstanding	Little to No	
SLO: Describe fo Course: N Fall 2018	MAT201 - Eler Complete U 0	natomical, bio mentary Statis Jnderstanding 0.00%	tics Strong Ur 0	0.00%	Moderate U	Inderstanding	Little to No	0.00%
PSLO: Describe fo Course: I Fall 2018 Winter 2019	OUNDATIONAL A MAT201 - Eler Complete L 0 0 0	Inatomical, bio mentary Statis Understanding 0.00% 0.00%	tics Strong Ur 0 0	0.00%	Moderate U 0 0	Inderstanding 0.00% 0.00%	Little to No	0.00%
PSLO: Describe fo Course: I Fall 2018 Winter 2019 Spring 2019 Overall	VAT201 - Eler Complete L 0 0 0 0 0 0 0 y Term for PS	Inatomical, bio mentary Statis Jnderstanding 0.00% 0.00%	tics  Strong Ur  0  0  0  0  0  0  0  0  0  0  0  0  0	O.00%           0.00%           0.00%           0.00%           0.00%	Moderate U           0           0           0           0           0           0	O.00%           0.00%           0.00%           0.00%           0.00%	Little to No           0           0           0           0           0	0.00% 0.00% 0.00% 0.00%
PSLO: Describe for Course: N Fall 2018 Winter 2019 Spring 2019 Overall	oundational a MAT201 - Eler O O O O O V Term for PS	Inatomical, bio mentary Statis Jnderstanding 0.00% 0.00% 0.00%	tics Strong Ur 0 0 0 0 foundational	O.00%           0.00%           0.00%           0.00%           0.00%	Moderate U 0 0 0 0 0	O.00%           0.00%           0.00%           0.00%           0.00%	Little to No 0 0 0 0 gical basis fo	0.00% 0.00% 0.00% 0.00%
PSLO: Describe for Course: N Fall 2018 Winter 2019 Spring 2019 Overall	oundational a MAT201 - Eler O O O O O V Term for PS	Inatomical, bio mentary Statis Jnderstanding 0.00% 0.00% 0.00% 0.00% SLO: Describe	tics Strong Ur 0 0 0 0 foundational	Inderstanding           0.00%           0.00%           0.00%           0.00%           0.00%           anatomical, bit	Moderate U 0 0 0 0 0	Inderstanding 0.00% 0.00% 0.00% 0.00% and physiolog	Little to No 0 0 0 0 gical basis fo	0.00% 0.00% 0.00% 0.00%
PSLO: Describe for Course: I Fall 2018 Winter 2019 Spring 2019 Overall Overall by movemen	oundational a MAT201 - Eler 0 0 0 0 0 y Term for PS nt. Complete Ur	Inatomical, bio mentary Statis Jnderstanding 0.00% 0.00% 0.00% 0.00% 0.00%	tics Strong Ur 0 0 0 0 foundational Strong Und	anderstanding 0.00% 0.00% 0.00% 0.00% anatomical, bit derstanding	Moderate U 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Inderstanding 0.00% 0.00% 0.00% 0.00% and physiolog	Little to No 0 0 0 0 gical basis fo	0.00% 0.00% 0.00% 0.00%
PSLO: Describe for Course: I Fall 2018 Winter 2019 Spring 2019 Overall Overall by movemen Fall 2018	VAT201 - Eler Complete U 0 0 0 0 v Term for PS nt. Complete Ur 0	Inderstanding 0.00% 0.00% 0.00% 0.00% 0.00%	tics Strong Ur 0 0 0 0 0 foundational Strong Unc 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	derstanding           0.00%           0.00%           0.00%           0.00%	Moderate U 0 0 0 0 5 omechanical, Moderate Ur 0	Inderstanding           0.00%           0.00%           0.00%           0.00%	Little to No 0 0 0 0 gical basis fo Little to No No	0.00% 0.00% 0.00%
PSLO: Describe for Course: I Fall 2018 Winter 2019 Spring 2019 Overall Overall by movemen Fall 2018 Winter 2019 Spring 2019	VAT201 - Eler Complete L 0 0 0 0 v Term for PS tt. Complete Ur 0 0 0 v Course for	Inderstanding O.00%	tics  Strong Ur  0  0  0  foundational  Strong Unc  0  0  0  0  0  0  0  0  0  0  0  0  0	Iderstanding           0.00%           0.00%           0.00%           anatomical, bi           Ierstanding           0.00%           0.00%           0.00%	Moderate U 0 0 0 0 0 0 0 0 0 0 0 0	Inderstanding 0.00% 0.00% 0.00% 0.00% and physiolog 0.00% 0.00% 0.00%	Little to No 0 0 0 0 0 0 0 0 0 0 0	0.00% 0.00% 0.00% 0.00% 0.00%
PSLO: Describe for Course: I Fall 2018 Winter 2019 Spring 2019 Overall Overall by movemen Fall 2018 Winter 2019 Spring 2019	A Complete U Complete U 0 0 0 0 0 0 0 0 0 0 0 0 0	Inderstanding 0.00% 0.00% 0.00% 0.00% 0.00% 0.00% 0.00% 0.00% 0.00% 0.00%	tics Strong Ur O O O O O Foundational Strong Unc O O O O O O O O O O O O O O O O O O O	Iderstanding           0.00%           0.00%           0.00%           anatomical, bi           Ierstanding           0.00%           0.00%           0.00%	Moderate U 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Inderstanding 0.00% 0.00% 0.00% 0.00% and physiolog 0.00% 0.00% 0.00%	Little to No 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0.00% 0.00% 0.00% 0.00% 0.00%

	Complete l	Inderstanding	Strong Un	derstanding	Moderate U	nderstanding	Little to No	Understanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall by movemen	it.	SLO: Describe		· · · •	-			
<b>F H</b> 0040	-	nderstanding	Strong Und		Moderate Ur	5		Understanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Elementary Statistics	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Apply the p	-	d practices tha						Understendin
Fall 2018	Complete U	Jnderstanding		long physical		nderstanding	Little to No	Understandin
	Complete U	·	Strong Un	derstanding	Moderate L			1
Fall 2018	Complete U	Jnderstanding 0.00%	Strong Un	derstanding 0.00%	Moderate L	nderstanding 0.00%	0	0.00%
Fall 2018 Winter 2019	Complete U 0 0 0	Understanding           0.00%           0.00%	Strong Un	derstanding 0.00% 0.00%	Moderate L 0 0	nderstanding 0.00% 0.00%	0	0.00%
Fall 2018 Winter 2019 Spring 2019 Overall	Complete U 0 0 0 v Term for PS	Jnderstanding           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%	Strong Un 0 0 0 0 principles an	derstanding 0.00% 0.00% 0.00% 0.00% d practices the	Moderate U 0 0 0 0 0 0 nat promote lif	nderstanding 0.00% 0.00% 0.00% 0.00% elong physica	0 0 0 1 fitness and	0.00% 0.00% 0.00% wellness.
Fall 2018 Winter 2019 Spring 2019 Overall	Complete U	Jnderstanding 0.00% 0.00% 0.00% 0.00% BLO: Apply the nderstanding	Strong Un 0 0 0 principles an Strong Und	derstanding 0.00% 0.00% 0.00% 0.00% d practices the derstanding	Moderate U 0 0 0 0 0 nat promote lif	nderstanding 0.00% 0.00% 0.00% 0.00% elong physica derstanding	0 0 0 1 fitness and Little to No	0.00% 0.00% 0.00% 0.00% wellness.
Fall 2018 Winter 2019 Spring 2019 Overall <b>Overall by</b> Fall 2018	Complete U 0 0 0 y Term for PS Complete U 0	Jnderstanding           0.00%           0.00%           0.00%           0.00%           0.00%	Strong Un 0 0 0 principles an Strong Und 0	derstanding           0.00%           0.00%           0.00%           0.00%	Moderate U 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	nderstanding 0.00% 0.00% 0.00% elong physica derstanding 0.00%	0 0 0 0 1 fitness and Little to No 0	0.00% 0.00% 0.00% 0.00% 0.00% 0.00% Understanding 0.00%
Fall 2018 Winter 2019 Spring 2019 Overall <b>Overall by</b> Fall 2018 Winter 2019	Complete U 0 0 0 0 y Term for PS Complete U 0 0	Jnderstanding           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%	Strong Un 0 0 0 principles an Strong Und 0 0	derstanding           0.00%           0.00%           0.00%           0.00%	Moderate U 0 0 0 0 0 0 0 0 0 0 0 0 0	nderstanding 0.00% 0.00% 0.00% elong physica derstanding 0.00% 0.00%	0 0 0 0 1 fitness and Little to No 0 0	0.00% 0.00% 0.00% wellness. Understanding 0.00% 0.00%
Fall 2018 Winter 2019 Spring 2019 Overall <b>Overall by</b> Fall 2018	Complete U 0 0 0 y Term for PS Complete U 0	Jnderstanding           0.00%           0.00%           0.00%           0.00%           0.00%	Strong Un 0 0 0 principles an Strong Und 0	derstanding           0.00%           0.00%           0.00%           0.00%	Moderate U 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	nderstanding 0.00% 0.00% 0.00% elong physica derstanding 0.00%	0 0 0 0 1 fitness and Little to No 0	0.00% 0.00% 0.00% 0.00% 0.00% 0.00% Understanding 0.00%
Fall 2018 Winter 2019 Spring 2019 Overall <b>Overall by</b> Fall 2018 Winter 2019 Spring 2019	Complete U           0	Jnderstanding           0.00%	Strong Un 0 0 0 principles an Strong Und 0 0 0 0 0 0 0 0 0 0 0 0 0	derstanding           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%	Moderate L 0 0 0 0 0 0 0 Moderate Ur 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	nderstanding 0.00% 0.00% 0.00% elong physica derstanding 0.00% 0.00% 0.00% 1ifelong physi	0 0 0 1 fitness and Little to No 0 0 0 cal fitness an	0.00% 0.00% 0.00% wellness. Understanding 0.00% 0.00% 0.00% d wellness.
Fall 2018 Winter 2019 Spring 2019 Overall <b>Overall by</b> Fall 2018 Winter 2019 Spring 2019	Complete U           0	Understanding           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%	Strong Un           0           0           0           0           0           0           0           0           0           0           0           0           0           0           0           0           0           0           0	derstanding           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%           0.00%	Moderate U 0 0 0 0 0 0 0 0 0 0 0 0 0	nderstanding 0.00% 0.00% 0.00% elong physica derstanding 0.00% 0.00% 0.00% 1ifelong physi	0 0 0 1 fitness and Little to No 0 0 0 cal fitness an	0.00% 0.00% 0.00% 0.00% wellness. Understanding 0.00% 0.00%

# PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.

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	Complete U	Inderstanding	Strong Ur	nderstanding	Moderate L	nderstanding	Little to No	Understanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%
	l wellness.	-		inities within t	-			
	-	nderstanding	_	derstanding		derstanding		Understanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019 Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
	/ Course for I I wellness.	PSLO: Identify	/ career oppo	rtunities withi	n the fields of	physical educ	ation, kinesio	logy, fitness,
Γ	Complete Understanding		Strong Und	derstanding	Moderate Ur	derstanding	Little to No	Understanding
Elementary Statistics	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall by Term fo	-				Ma danata Un	deneter din e		
			Strong Und	derstanding	Moderate Ur	derstanding	Little to No	Understanding
E 11 00 4 0	Complete Ur	_	-	0.000/	•	0.000/	0	0.000/
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019 Spring 2019	0 0 0 0	0.00% 0.00% 0.00%	0 0 0 0	0.00%	0 0 0	0.00% 0.00% 0.00%	0 0 0	0.00% 0.00% 0.00%
Winter 2019 Spring 2019	0 0 0 or Program: A	0.00% 0.00% 0.00% Academic Div	0 0 0 ision 1 » Math	0.00% 0.00%	0	0.00%	0	0.00%
Winter 2019 Spring 2019 Overall by PSLO from Describe foundational anatomical, and	0 0 0 or Program: A	0.00% 0.00% 0.00%	0 0 0 ision 1 » Math	0.00%	0	0.00%	0	0.00%
Winter 2019 Spring 2019 Overall by PSLO for Describe foundational anatomical, biomechanical, and physiological basis for human	0 0 0 or Program: A	0.00% 0.00% 0.00% Academic Div	0 0 0 ision 1 » Math	0.00% 0.00% eematics derstanding	0 0 Moderate Ur	0.00% 0.00%	0 0 Little to No I	0.00% 0.00% Understanding
Winter 2019 Spring 2019 Overall by PSLO for Describe foundational anatomical, and ohysiological basis for human movement. Describe the behavioral, historical, psycho- social and philosophical aspects of human	0 0 0 or Program: <i>i</i> Complete Ur	0.00% 0.00% Academic Div	0 0 0 ision 1 » Math Strong Und	0.00% 0.00% derstanding 0.00%	0 0 Moderate Ur 0	0.00% 0.00%	0 0 Little to No I	0.00% 0.00%

# PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.

# Academic Division 1 » Physical Education

#### PSLO: Describe foundational anatomical, biomechanical, and physiological basis for human movement.

Course: PEF100B - Beginning Weight Training and Cardiovascular Endurance

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF100BA - Intermediate Weight Training and Cardiovascular Endurance

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF100C - Beginning Core Training and Cardiovascular Fitness

	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF100CA - Intermediate Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF100G - Beginning Flexibility, Stress Reduction, and Cardiofitness

	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF100GA - Intermediate Flexibility, Stress Reduction, and Cardiofitness

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF101A - Beginning Body Blast

## Course: PEF101AA - Intermediate Body Blast

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101B - Beginning Cardiovascular Body Sculpting

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101BA - Intermediate Cardiovascular Body Sculpting

	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101C - Beginning Women on Weights (WOW)

	Complete Ur	nderstanding	Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101CA - Intermediate Women on Weights (WOW)

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF101F - Beginning Interval Training

## Course: PEF101FA - Intermediate Interval Training

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101G - Beginning Strength Training with Theraballs and Exertubes

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101GA - Intermediate Strength Training With Theraballs and Exertubes

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101H - Balance and Stability Exercise (B.A.S.E.)

[	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	45	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	45	100.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101HA - Intermediate Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	9	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	9	100.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding						
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%					
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%					
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%					
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%					

# Course: PEF101J - Power, Speed, and Agility Training 1

## Course: PEF101K - Power, Speed, and Agility Training 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF104A - Box Aerobics

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104B - Ultra Kickboxing

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF104C - Powerkickboxing

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104D - Hard Core Kickboxing

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104E - Powerstrike Circuit

#### Course: PEF104F - Circuit Training 1

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104G - Circuit Training 2

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF116A - Tennis 1

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF116B - Tennis 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF116C - Tennis 3

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF118A - Badminton 1

## Course: PEF118B - Badminton 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF118C - Badminton 3

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF123A - Basketball 1

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF123B - Basketball 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF123C - Basketball 3

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF124A - Volleyball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF124B - Volleyball 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF124C - Volleyball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF125A - Golf 1

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF125B - Golf 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF125C - Golf 3

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	4	66.67%	2	33.33%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	4	66.67%	2	33.33%	0	0.00%

# Course: PEF126A - Pickleball 1

[	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF126B - Pickleball 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF126C - Pickleball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF135A - Indoor Soccer

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF135F - Soccer 1

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF135G - Soccer 2

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF135H - Soccer 3

[	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF135M - Futsal

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF140A - Beginning Hatha Yoga

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF140B - Intermediate Hatha Yoga

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF140C - Beginning Astanga Yoga

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF140D - Intermediate Astanga Yoga

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF140E - Beginning Vinyasa Yoga

## Course: PEF140F - Intermediate Vinyasa Yoga

	Complete Ur	derstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PET104 - Introduction to Kinesiology

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	5	50.00%	3	30.00%	2	20.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	5	50.00%	3	30.00%	2	20.00%	0	0.00%

# Course: PET106 - First Aid and CPR

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Overall by Term for PSLO: Describe foundational anatomical, biomechanical, and physiological basis for human movement.

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	59	84.29%	7	10.00%	4	5.71%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Overall by Course for PSLO: Describe foundational anatomical, biomechanical, and physiological basis for human movement.

	Complete Ur	derstanding	Strong Und	lerstanding	Moderate Un	derstanding	Little to No U	Inderstanding
Beginning Weight Training and Cardiovascular Endurance	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Weight Training and Cardiovascular Endurance	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Γ	Complete U	nderstanding	Strong Und	derstanding	Moderate Ur	derstanding	Little to No	Understanding
Intermediate Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Flexibility, Stress Reduction, and Cardiofitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Flexibility, Stress Reduction, and Cardiofitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Body Blast	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Body Blast	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Women on Weights (WOW)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Women on Weights (WOW)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Interval Training	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Interval Training	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Strength Training with Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Strength Training With Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Balance and Stability Exercise (B.A.S.E.)	45	100.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Balance and Stability Exercise (B.A.S.E.)	9	100.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Box Aerobics	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Ultra Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Powerkickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hard Core Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Powerstrike Circuit	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Γ	Complete U	Inderstanding	Strong Une	derstanding	Moderate U	nderstanding	Little to No	Understanding
Tennis 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 3	0	0.00%	4	66.67%	2	33.33%	0	0.00%
Pickleball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Indoor Soccer	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Futsal	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Hatha Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
itermediate Hatha Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
eginning Astanga Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Astanga Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
eginning Vinyasa Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Vinyasa Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Introduction to Kinesiology	5	50.00%	3	30.00%	2	20.00%	0	0.00%
First Aid and CPR	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement. Course: PEF100B - Beginning Weight Training and Cardiovascular Endurance

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Jnderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF100BA - Intermediate Weight Training and Cardiovascular Endurance

## Course: PEF100C - Beginning Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF100CA - Intermediate Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF100G - Beginning Flexibility, Stress Reduction, and Cardiofitness

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF100GA - Intermediate Flexibility, Stress Reduction, and Cardiofitness

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101A - Beginning Body Blast

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF101AA - Intermediate Body Blast

## Course: PEF101B - Beginning Cardiovascular Body Sculpting

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101BA - Intermediate Cardiovascular Body Sculpting

	Complete Ur	nderstanding	Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF101C - Beginning Women on Weights (WOW)

	Complete Ur	derstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101CA - Intermediate Women on Weights (WOW)

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101F - Beginning Interval Training

	Complete Ur	derstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101FA - Intermediate Interval Training

## Course: PEF101G - Beginning Strength Training with Theraballs and Exertubes

	Complete Ur	derstanding	Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101GA - Intermediate Strength Training With Theraballs and Exertubes

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101H - Balance and Stability Exercise (B.A.S.E.)

	Complete Ur	derstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101HA - Intermediate Balance and Stability Exercise (B.A.S.E.)

	Complete Ur	nderstanding	Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101J - Power, Speed, and Agility Training 1

	Complete Ur	derstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Ur	nderstanding	Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF101K - Power, Speed, and Agility Training 2

#### Course: PEF104A - Box Aerobics

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF104B - Ultra Kickboxing

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Jnderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104C - Powerkickboxing

	Complete Ur	derstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104D - Hard Core Kickboxing

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF104E - Powerstrike Circuit

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Un	derstanding	Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Ur	nderstanding	Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF104F - Circuit Training 1

## Course: PEF104G - Circuit Training 2

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF116A - Tennis 1

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

# Course: PEF116B - Tennis 2

	Complete Ur	derstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF116C - Tennis 3

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF118A - Badminton 1

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF118B - Badminton 2

# Course: PEF118C - Badminton 3

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF123A - Basketball 1

	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF123B - Basketball 2

	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF123C - Basketball 3

	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF124A - Volleyball 1

	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Course:	PEF124B	- Volleyball 2
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	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF124C - Volleyball 3

	Complete Ur	derstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF125A - Golf 1

	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF125B - Golf 2

	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF125C - Golf 3

	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF126A - Pickleball 1

	Complete Ur	derstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	12	75.00%	2	12.50%	1	6.25%	1	6.25%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	12	75.00%	2	12.50%	1	6.25%	1	6.25%

	Complete Ur	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2019	2	40.00%	2	40.00%	1	20.00%	0	0.00%	
Overall	2	40.00%	2	40.00%	1	20.00%	0	0.00%	

## Course: PEF126B - Pickleball 2

#### Course: PEF126C - Pickleball 3

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	1	100.00%	0	0.00%
Overall	0	0.00%	0	0.00%	1	100.00%	0	0.00%

#### Course: PEF135A - Indoor Soccer

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF135F - Soccer 1

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF135G - Soccer 2

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF135H - Soccer 3

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: PEF135M - Futsal

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF140A - Beginning Hatha Yoga

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF140B - Intermediate Hatha Yoga

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF140C - Beginning Astanga Yoga

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: PEF140D - Intermediate Astanga Yoga

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF140E - Beginning Vinyasa Yoga

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF140F - Intermediate Vinyasa Yoga

## Course: PET104 - Introduction to Kinesiology

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	5	50.00%	4	40.00%	1	10.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	5	50.00%	4	40.00%	1	10.00%	0	0.00%

# Course: PET106 - First Aid and CPR

	Complete Ur	derstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Overall by Term for PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	5	50.00%	4	40.00%	1	10.00%	0	0.00%
Winter 2019	12	75.00%	2	12.50%	1	6.25%	1	6.25%
Spring 2019	2	33.33%	2	33.33%	2	33.33%	0	0.00%

# Overall by Course for PSLO: Describe the behavioral, historical, psycho-social and philosophical aspects of human movement.

[	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Un	derstanding	Little to No U	Inderstanding
Beginning Weight Training and Cardiovascular Endurance	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Weight Training and Cardiovascular Endurance	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Flexibility, Stress Reduction, and Cardiofitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%

Γ	Complete U	nderstanding	Strong Und	derstanding	Moderate Ur	nderstanding	Little to No	Understanding
Intermediate Flexibility, Stress Reduction, and Cardiofitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Body Blast	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Body Blast	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Women on Weights (WOW)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Women on Weights (WOW)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Interval Training	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Interval Training	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Strength Training with Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Strength Training With Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Balance and Stability Exercise (B.A.S.E.)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Balance and Stability Exercise (B.A.S.E.)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Box Aerobics	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Ultra Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Powerkickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hard Core Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Powerstrike Circuit	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete U	nderstanding	Strong Und	derstanding	Moderate Ur	nderstanding	Little to No	Understanding
Basketball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 1	12	75.00%	2	12.50%	1	6.25%	1	6.25%
Pickleball 2	2	40.00%	2	40.00%	1	20.00%	0	0.00%
Pickleball 3	0	0.00%	0	0.00%	1	100.00%	0	0.00%
Indoor Soccer	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Futsal	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Hatha Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
ntermediate Hatha Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
eginning Astanga Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Astanga Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Vinyasa Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Vinyasa Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Introduction to Kinesiology	5	50.00%	4	40.00%	1	10.00%	0	0.00%
First Aid and CPR	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness. Course: PEF100B - Beginning Weight Training and Cardiovascular Endurance

[	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF100BA - Intermediate Weight Training and Cardiovascular Endurance

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF100C - Beginning Core Training and Cardiovascular Fitness

## Course: PEF100CA - Intermediate Core Training and Cardiovascular Fitness

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF100G - Beginning Flexibility, Stress Reduction, and Cardiofitness

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF100GA - Intermediate Flexibility, Stress Reduction, and Cardiofitness

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101A - Beginning Body Blast

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101AA - Intermediate Body Blast

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF101B - Beginning Cardiovascular Body Sculpting

# Course: PEF101BA - Intermediate Cardiovascular Body Sculpting

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101C - Beginning Women on Weights (WOW)

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF101CA - Intermediate Women on Weights (WOW)

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101F - Beginning Interval Training

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101FA - Intermediate Interval Training

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF101G - Beginning Strength Training with Theraballs and Exertubes

## Course: PEF101GA - Intermediate Strength Training With Theraballs and Exertubes

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101H - Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	45	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	45	100.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101HA - Intermediate Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	9	100.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	9	100.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101J - Power, Speed, and Agility Training 1

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF101K - Power, Speed, and Agility Training 2

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF104A - Box Aerobics

## Course: PEF104B - Ultra Kickboxing

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF104C - Powerkickboxing

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104D - Hard Core Kickboxing

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

## Course: PEF104E - Powerstrike Circuit

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF104F - Circuit Training 1

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF104G - Circuit Training 2

# Course: PEF116A - Tennis 1

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF116B - Tennis 2

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

# Course: PEF116C - Tennis 3

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF118A - Badminton 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF118B - Badminton 2

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Ur	derstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: PEF118C - Badminton 3

### Course: PEF123A - Basketball 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF123B - Basketball 2

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF123C - Basketball 3

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF124A - Volleyball 1

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: PEF124B - Volleyball 2

	Complete Ur	nderstanding	Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF124C - Volleyball 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF125A - Golf 1

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: PEF125B - Golf 2

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

## Course: PEF125C - Golf 3

	Complete Ur	derstanding	Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	3	100.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	3	100.00%	0	0.00%	0	0.00%

### Course: PEF126A - Pickleball 1

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Ur	Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	24	75.00%	4	12.50%	2	6.25%	2	6.25%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	24	75.00%	4	12.50%	2	6.25%	2	6.25%

# Course: PEF126B - Pickleball 2

	Complete Ur	derstanding	Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	2	20.00%	6	60.00%	2	20.00%	0	0.00%
Overall	2	20.00%	6	60.00%	2	20.00%	0	0.00%

Course:	PEF126C ·	<ul> <li>Pickleball 3</li> </ul>
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[	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	1	50.00%	1	50.00%	0	0.00%
Overall	0	0.00%	1	50.00%	1	50.00%	0	0.00%

#### Course: PEF135A - Indoor Soccer

	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF135F - Soccer 1

	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF135G - Soccer 2

	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF135H - Soccer 3

	Complete Ur	derstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF135M - Futsal

	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF140A - Beginning Hatha Yoga

#### Course: PEF140B - Intermediate Hatha Yoga

	Complete Ur	derstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF140C - Beginning Astanga Yoga

	Complete Ur	nderstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: PEF140D - Intermediate Astanga Yoga

	Complete Ur	derstanding	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF140E - Beginning Vinyasa Yoga

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: PEF140F - Intermediate Vinyasa Yoga

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PET104 - Introduction to Kinesiology

### Course: PET106 - First Aid and CPR

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Overall by Term for PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness.

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	54	94.74%	3	5.26%	0	0.00%	0	0.00%	
Winter 2019	24	75.00%	4	12.50%	2	6.25%	2	6.25%	
Spring 2019	2	16.67%	7	58.33%	3	25.00%	0	0.00%	

# Overall by Course for PSLO: Apply the principles and practices that promote lifelong physical fitness and wellness.

1	Complete Un	dorstanding	Strong Und	lorstanding	Moderate Un	dorstanding	Little to No.I	Inderstanding
Beginning Weight Training and Cardiovascular Endurance	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Weight Training and Cardiovascular Endurance	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Flexibility, Stress Reduction, and Cardiofitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Flexibility, Stress Reduction, and Cardiofitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Body Blast	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Body Blast	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete U	Inderstanding	Strong Un	derstanding	Moderate U	nderstanding	Little to No	Understanding
Intermediate Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Women on Weights (WOW)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Women on Weights (WOW)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Interval Training	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Interval Training	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Strength Training with Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Strength Training With Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Balance and Stability Exercise (B.A.S.E.)	45	100.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Balance and Stability Exercise (B.A.S.E.)	9	100.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Box Aerobics	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Ultra Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Powerkickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hard Core Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Powerstrike Circuit	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 3	0	0.00%	3	100.00%	0	0.00%	0	0.00%

Γ	Complete U	nderstanding	Strong Und	derstanding	Moderate Ur	derstanding	Little to No l	Understanding
Pickleball 2	2	20.00%	6	60.00%	2	20.00%	0	0.00%
Pickleball 3	0	0.00%	1	50.00%	1	50.00%	0	0.00%
Indoor Soccer	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Futsal	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Hatha Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Hatha Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Astanga Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Astanga Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Vinyasa Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Vinyasa Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Introduction to Kinesiology	0	0.00%	0	0.00%	0	0.00%	0	0.00%
First Aid and CPR	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# PSLO: Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness. Course: PEF100B - Beginning Weight Training and Cardiovascular Endurance

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF100BA - Intermediate Weight Training and Cardiovascular Endurance

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF100C - Beginning Core Training and Cardiovascular Fitness

	Complete Ur	derstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF100CA - Intermediate Core Training and Cardiovascular Fitness

### Course: PEF100G - Beginning Flexibility, Stress Reduction, and Cardiofitness

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF100GA - Intermediate Flexibility, Stress Reduction, and Cardiofitness

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: PEF101A - Beginning Body Blast

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: PEF101AA - Intermediate Body Blast

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101B - Beginning Cardiovascular Body Sculpting

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF101BA - Intermediate Cardiovascular Body Sculpting

#### Course: PEF101C - Beginning Women on Weights (WOW)

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101CA - Intermediate Women on Weights (WOW)

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: PEF101F - Beginning Interval Training

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: PEF101FA - Intermediate Interval Training

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101G - Beginning Strength Training with Theraballs and Exertubes

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF101GA - Intermediate Strength Training With Theraballs and Exertubes

# Course: PEF101H - Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101HA - Intermediate Balance and Stability Exercise (B.A.S.E.)

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: PEF101J - Power, Speed, and Agility Training 1

	Complete Ur	derstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF101K - Power, Speed, and Agility Training 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF104A - Box Aerobics

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Ur	nderstanding	rstanding Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF104B - Ultra Kickboxing

#### Course: PEF104C - Powerkickboxing

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF104D - Hard Core Kickboxing

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF104E - Powerstrike Circuit

	Complete Ur	derstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF104F - Circuit Training 1

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF104G - Circuit Training 2

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Un	Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF116A - Tennis 1

[	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF116B - Tennis 2

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF116C - Tennis 3

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Jnderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF118A - Badminton 1

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Un	Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF118B - Badminton 2

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF118C - Badminton 3

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: PEF123A - Basketball 1

#### Course: PEF123B - Basketball 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF123C - Basketball 3

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF124A - Volleyball 1

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF124B - Volleyball 2

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: PEF124C - Volleyball 3

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: PEF125A - Golf 1

[	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF125B - Golf 2

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF125C - Golf 3

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF126A - Pickleball 1

	Complete Ur	derstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF126B - Pickleball 2

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF126C - Pickleball 3

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

	Complete Ur	nderstanding	Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF135A - Indoor Soccer

#### Course: PEF135F - Soccer 1

	Complete Understanding		Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF135G - Soccer 2

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF135H - Soccer 3

	Complete Ur	derstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF135M - Futsal

	Complete Ur	nderstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

### Course: PEF140A - Beginning Hatha Yoga

	Complete Un	derstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Ur	nderstanding	Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Course: PEF140B - Intermediate Hatha Yoga

#### Course: PEF140C - Beginning Astanga Yoga

	Complete Understanding		Strong Und	Strong Understanding		Moderate Understanding		Inderstanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF140D - Intermediate Astanga Yoga

	Complete Understanding		Strong Understanding		Moderate Un	derstanding	Little to No Understanding		
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

### Course: PEF140E - Beginning Vinyasa Yoga

	Complete Understanding		Strong Understanding		Moderate Understanding		Little to No Understanding	
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PEF140F - Intermediate Vinyasa Yoga

	Complete Understanding		Strong Understanding		Moderate Un	derstanding	Little to No Understanding		
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%	

### Course: PET104 - Introduction to Kinesiology

	Complete Understanding		Strong Understanding		Moderate Un	derstanding	Little to No Understanding		
Fall 2018	9	90.00%	1	10.00%	0	0.00%	0	0.00%	
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%	
Overall	9	90.00%	1	10.00%	0	0.00%	0	0.00%	

	Complete L	Inderstanding	Strong Un	derstanding	Moderate U	Inderstanding	Little to No	Understanding
Fall 2018	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Winter 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Overall by	Term for PS	LO: Identify c	areer opportu	nities within t	he fields of pl	nysical educat	ion, kinesiolo	gy, fitness,
sport, and			<b>•</b> •••••					
		nderstanding	Strong Und	<b>.</b>	Moderate Ur			Inderstanding
Fall 2018	9	90.00%	1	10.00%	0	0.00%	0	0.00%
Winter 2019 Spring 2019	0	0.00%	0	0.00%	0	0.00%	0	0.00%
		PSLO: Identify						
sport, and	wellness.	nderstanding	Strong Und		Moderate Ur			Jnderstanding
Beginning Weight	Somplete Of	acrotationity	outing one	orstanding	moderate Of	acrotanully		
Training and Cardiovascular Endurance	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Weight Training nd Cardiovascular Endurance	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Core Training and Cardiovascular Fitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Flexibility, Stress Reduction, and Cardiofitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Flexibility, Stress Reduction, and Cardiofitness	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Body Blast	0	0.00%	0	0.00%	0	0.00%	0	0.00%
ntermediate Body Blast	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Cardiovascular Body Sculpting	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Women n Weights (WOW)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Women on Weights (WOW)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Interval Training	0	0.00%	0	0.00%	0	0.00%	0	0.00%

#### Course: PET106 - First Aid and CPR

[	Complete U	Inderstanding	Strong Understanding		Moderate Ur	nderstanding	Little to No Understanding	
Intermediate Interval Training	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Strength Training with Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Strength Training With Theraballs and Exertubes	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Balance and Stability Exercise (B.A.S.E.)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Balance and Stability Exercise (B.A.S.E.)	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Power, Speed, and Agility Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Box Aerobics	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Ultra Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Powerkickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Hard Core Kickboxing	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Powerstrike Circuit	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Circuit Training 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Tennis 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Badminton 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Basketball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Volleyball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 1 Golf 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Golf 2 Golf 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Pickleball 3	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Indoor Soccer	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 1	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Soccer 2	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Futsal	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Hatha Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%

[	Complete Understanding		Strong Understanding		Moderate Un	derstanding	Little to No Understanding	
Intermediate Hatha Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Astanga Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Astanga Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Beginning Vinyasa Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Intermediate Vinyasa Yoga	0	0.00%	0	0.00%	0	0.00%	0	0.00%
Introduction to Kinesiology	9	90.00%	1	10.00%	0	0.00%	0	0.00%
First Aid and CPR	0	0.00%	0	0.00%	0	0.00%	0	0.00%

# Overall by Term for Program: Academic Division 1 » Physical Education

	Complete Understanding		Strong Understanding		Moderate Ur	derstanding	Little to No Understanding	
Fall 2018	127	86.39%	15	10.20%	5	3.40%	0	0.00%
Winter 2019	36	75.00%	6	12.50%	3	6.25%	3	6.25%
Spring 2019	4	22.22%	9	50.00%	5	27.78%	0	0.00%

# Overall by PSLO for Program: Academic Division 1 » Physical Education

	Complete Ur	derstanding	Strong Und	lerstanding	Moderate Understanding		Little to No Understanding	
Describe foundational anatomical, biomechanical, and physiological basis for human movement.	59	84.29%	7	10.00%	4	5.71%	0	0.00%
Describe the behavioral, historical, psycho- social and philosophical aspects of human movement.	19	59.38%	8	25.00%	4	12.50%	1	3.12%
Apply the principles and practices that promote lifelong physical fitness and wellness.	80	79.21%	14	13.86%	5	4.95%	2	1.98%
Identify career opportunities within the fields of physical education, kinesiology, fitness, sport, and wellness.	9	90.00%	1	10.00%	0	0.00%	0	0.00%