

2024 Non-Instructional Program Review

Reviewing 2022/23 Academic Year



Program/Department: Fitness Education Center

Completed by Walter Morris

1. Please provide your position and department:

Professor of Physical Education and Health, Fitness Education Director

2. Please identify the non-instructional program you are reviewing.

Fitness Education Center

3. Describe how your department supports the vision, mission, and beliefs of Lake Tahoe Community College.

The second sentence of the college's mission statement is identical to our mission in the Fitness Education Center: "Through quality instruction and student support, our personalized approach to teaching and learning empowers students to achieve their educational and personal goals".

4. Do you have a **supervisor approved** alternative for this Annual Program Review?

No

5. What are the major strengths of your department?

Our program is accessible to the community through low or no cost instructional and non-instructional pathways. We have an exceptional team of highly experienced talented instructors who take great pride in helping our students achieve their educational and wellbeing, health and fitness goals.

6. In what ways could your department improve to better meet the needs of the College and support student success?

Our equipment is dated and long overdue for replacement. We have proposed/requested funding to replace our outdated/obsolete equipment through every APR/AUP and comprehensive review for nearly two decades.

The demographic data for FEC participants as compared to the that of the college at large reveals opportunities for outreach and improvement and some nuances. In our most recent academic year for which we have data (2022-2023), for example, the data indicates that the population of FEC students is markedly different from the college wide student pool with respect to age. The median age of FEC students was 60 as compared to 24 college wide. This disparity is largely attributable to the popularity PEF 552, Health and Wellness for the Older Adult, which comprises the vast majority of FEC students. White non-Hispanic representation was 68.6% among FEC students as compared to 53.2% college wide in 2022-2023. Hispanic representation in the FEC was 20.1% as compared to 24.0% college-wide during this academic year.

To better represent our community at large, efforts to improve outreach to our Hispanic community are warranted both college-wide and for the FEC. With respect to the FEC specifically, as the director of that program, I will consult with the Directors of Student Services and Marketing to inquire about possibilities for improved promotion of our program to under represented community members".

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7. What are the biggest challenges your department may face in making these improvements?

We were offered funding (approximately \$160K) to replace our outdated fleet of cardiovascular conditioning equipment about 1.5 years ago and the purchasing process (identifying the needed equipment, multiple meetings with vendors, submission of purchase requests) was put into effect but the funding was retracted.

We also need to replace our resistance training machines that are 25+ years old and no longer standard for the industry.

8. If there is additional information you wish to provide that wasn't addressed in this survey, please do so here.

We need a full-time position for PE/FEC/Athletics to be funded (like we had for most of my tenure at the college). This is also standard practice for colleges with physical education and athletics programs.