



# UPDATED COVID-19 PROTOCOLS

Effective 1/14/22

Source: California Department of Public Health (CDPH), California Division of Occupational Safety and Health (Cal/OSHA)  
and adapted for Lake Tahoe Community College



# PERSON WHO TESTS POSITIVE FOR COVID-19 SHOULD:

- **STAY HOME** for at least 5 days.
- Once symptoms are resolved and after at least 5 days of isolation have been completed, test again with LTCC; if the test is negative you can return to campus (no sooner than the 6<sup>th</sup> day).
- While on campus, a N95 or KN95 mask will be required until a full 10 days from the date of onset of symptoms is completed.

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Source: California Department of Public Health (CDPH) and adapted for Lake Tahoe Community College

**Applies to students and employees**



# EMPLOYEES WHO ARE EXPOSED TO SOMEONE WITH COVID-19:

(Vaccinated)

- **Participate in weekly COVID testing.**
- Continue to follow LTCC mask guidelines.
- If symptoms develop, test and stay home.

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# EMPLOYEES WHO ARE EXPOSED TO SOMEONE WITH COVID-19:

(Unvaccinated)

- **STAY HOME** for at least 5 days after your last contact with a person who has COVID-19.
- Once at least 5 days of quarantine have been completed, test with LTCC if no symptoms; if the test is negative and you have no symptoms you can return to campus no sooner than the 6<sup>th</sup> day.
- While on campus you must strictly adhere to LTCC's masking guidelines.

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# DEFINITIONS

## COVID POSITIVE:

- Day 0 = Day symptoms begin or day of positive test for asymptomatic.
- Day 1 = First full day after symptoms developed or after positive test.  
(This starts the count for isolation.)

## COVID EXPOSURE:

- Day 0 = Day of initial exposure.
- Day 1 = First full day after exposure.

**ISOLATION:** The time period for a person who tested positive.

**POSITIVE DATE:** Date of sample collection.

**QUARANTINE:** This time period is for a person who has been exposed and is unvaccinated. The time begins from the date of the sample collection that resulted in a positive test result.