



TRiO-Upward Bound

LTCC•STHS

Moving Upward From Altitude

Upward Bound Overview

- Upward Bound (UB) is a FREE program dedicated to ensuring that high school students are academically and motivationally prepared to attend college.
- UB is a commitment. We are committed to giving students services that go above and beyond, and **we expect students to give 100% in return.**

Services provided:

- Academic advising
- Assistance in preparing for college entrance exams (SAT/ACT)
- Exposure to college campuses (visits/tours)
- Information on colleges, programs, and majors
- Assistance in completing college applications
- Financial aid advising and assistance in completing financial aid applications
- Career awareness and assessment
- Cultural Events/ Activities
- Parent Workshops
- Saturday Academy
- Summer Academy

Mission Statement

UB is a federally funded program designed to develop the skills necessary for success in college. The program at Lake Tahoe Community College provides 60 high school students, representing diverse cultural, social, and economic backgrounds, with the following:

- The opportunity to experience academic and personal growth through intellectual challenge.
- The opportunity to explore career options and college majors by visiting both corporations and university campuses.
- The opportunity to develop self-management and leadership skills.
- The chance to attend cultural and recreational activities.
- Assistance in college admissions, financial aid, scholarship, and standardized test preparation processes.
- A safe environment where fun and interactive learning is encouraged through a rich academic curriculum including activities that are challenging, exciting, and engaging.

Upward Bound Staff

Tori Kuwahara kuwahara@ltcc.edu

Program Coordinator and Student Support Specialist

David Czarnecki czarnecki@ltcc.edu

Instructional Specialist

Suzanne Saia-Gochis, saia@ltcc.edu

TRiO Programs Director

UB Student Expectations

All students enrolled in UB have made a commitment to cooperate with other students and staff and participate fully in classes and activities.

Student Expectations

- Graduate from high school and enter an institution of higher learning.
- Attend regularly and consistently throughout both the school year and the Summer Academy.
- Have an open mind with a positive attitude toward tutoring, classes, workshops, and recreational and cultural activities.
- Follow through with appointments, projects, and commitments.
- Show respect for others and their property.

Upward Bound Services

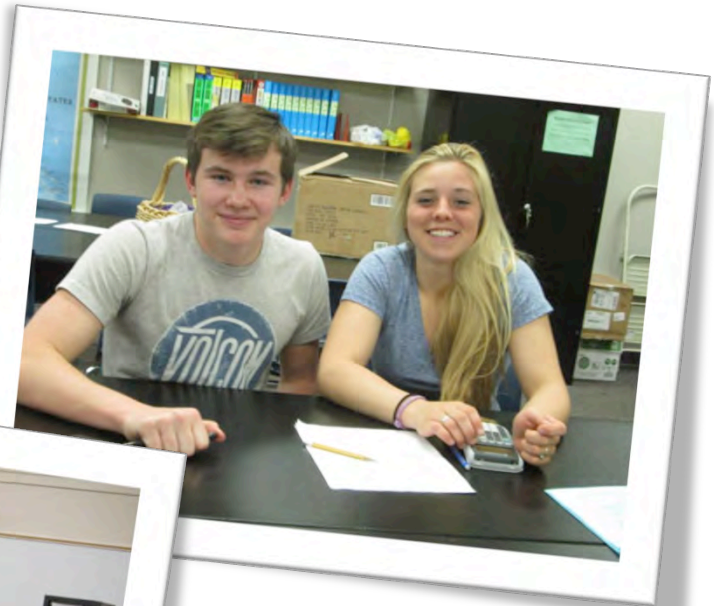


Academic Advising

Each UB Student will have a minimum of two meetings each term with UB Staff. The purpose of the advising meeting is to:

- Evaluate student progress
- Discuss course selection, career and academic goals, and current grades
- Staff will collaborate with students in determining tutorial needs for each course.

Tutoring



Monday-Thursday
During lunch and after school until 4:30pm

Tutoring Program

Transportation:

Any UBER who stays for tutoring after school can receive bus fare from program staff to catch the late bus home. Route #50, 4:10pm

Tutoring Policies:

- Upon arrival, each student will sign a Tutoring Record Sheet and inform the tutors what subject area(s) need assistance.
- While in the UB room, students are expected to do their homework, use the tutoring services, refrain from disruptive behavior, and seek help when needed.
- Students are responsible for bringing in textbooks, notes, projects, homework assignments, and old tests to review and work on.
- Be aware that all cell phones must be turned to “vibrate”, and iPods and mp3 players must be turned off while you are in the tutoring room.
- UB provides snacks for the after school tutoring program

College Exploration

Students are encouraged to attend college fairs and field trips as part of their participation in UB.

Through the Summer Academy, Ubers have the opportunity to research colleges and majors, and attend our four day College Tour the first week of August. Campuses we have visited include:

California State University

CSU Sacramento
CSU Channel Islands
CSU Cal Poly
CSU Monterey Bay
CSU San Marcos

University of California

UC Merced
UC Santa Barbara
UC San Diego
UC Los Angeles
UC Davis

Other

University of Southern California--private
Sierra Nevada College--private, out of state
University Nevada, Reno-- out of state

Summer College Tour, 2014



Touring UCSB



Bowling at Cal Poly



Chili's Monterey, CA



Monterey Bay Aquarium

Career Exploration

Students are expected to learn about careers through our Saturday Academy workshops, guest speakers, and field trips. Students will learn the correlation between various majors and career paths and ways to identify best-fit careers based on their strengths and interests.

Scientist at STPUD



Urban Farming



City Planning



Post-Secondary Testing Information

The SAT and ACT are two different standardized tests and scores are required for 4-year college applications (CSU and UC). Even students who earn A's and B's can score poorly on these tests.

PSAT:

We recommend that all juniors take the PSAT in October. UB staff work with the HS counselors to ensure that each junior receives a PSAT fee waiver

SAT:

We recommend that students take the SAT at least two times, usually in the spring of their junior year and the fall of their senior year. UB offers ongoing SAT/ACT preparation courses throughout the academic year and during the Summer Academy. UB can provide students with **only two SAT fee waivers**; other tests must be paid for.

ACT:

UB can offer **two fee waivers** for students taking the ACT.

SAT and ACT Test Preparation Course



Every Thursday, 2:40-4:30pm, Room A4

In order for students to be eligible for fee waivers, students **MUST** attend at least four of our test prep courses before each registration.

Test Fees:

ACT- **\$54.50**

SAT-**\$52.50**

SAT Subject Test- **\$26** (plus **\$16 per test!**)

Saturday Academy

UB hosts activities every other Saturday either at LTCC or in the community. All participants are expected to participate and bus fare is available for those who need it.

The Saturday Academy provides opportunities for students to get community service hours, attend workshops, learn about careers, work along professionals and enjoy new experiences!

Students are allowed up to **three unexcused absences**. After that, we may call a parent/student meeting to discuss commitment to the program.

If your student cannot attend, please send us a note or give us a call so that we know their absence is excused.



Saturday Academy... what's next?

Monthly Emails:

We send out monthly emails with the most up-to-date Saturday Academy information. ***If you haven't already, please leave your email address on the sign-in sheet before you leave!***

Find us on Facebook:

We post reminders and updates
(search: Tahoe Upward Bound Facebook)

Quarterly Mailers:

We mail home a quarterly newsletter with updates and highlights



Upcoming Saturday Academies

November 15th: Culinary Experience at LTCC

- Led by Steve Fernald, head of Culinary Arts
- Thanksgiving theme
- Meet in the commons at 9:00am (till 5:00pm)

December 13th: Ceramics Workshop at LTCC

- Led by Brian Yerian, LTCC Art Department Faculty
- Students will create their own pieces and learn basic ceramic skills

Summer Academy

- The six week summer program is required of all UB students, unless the student is participating in an alternate summer program, working full time, or out of town.
- Summer Academy provides students with rigorous yet innovative classes that prepare them for the coming school year. It is designed to enrich our students' high school curriculum and help prepare them for college.
- Along with academic classes, students participate in cultural/educational activities and field trips throughout the summer.
- In order to measure student progress, we give a report card at the end of the program for which they may receive up **to 10 units of elective credit at South Tahoe High School.**

Summer Academy Grading Policy

All instructors are required to adhere to our grading policy.

- A** Outstanding work
- B** Good work
- C** Average progress (optional reporting on transcript)

Students with more than 3 absences (excused or unexcused) are not eligible for either a letter grade or elective credit.



Policies and Procedures

The following information can be found in your handbook.

Feel free to follow along!

Guidelines for Addressing Negative or Disruptive Speech and Behavior

The following behavior will generally warrant review of a student's eligibility and status of the program by UB Staff:

- Being under the influence of drugs or alcohol.
- Being in possession of drugs, alcohol, or weapons.
- Extreme verbal or physical harassment of others.
- Willful destruction and/or theft of property.
- Problematic speech (i.e., insults, constant interruption of others, put downs, etc.) or disrespectful behavior.

Field Trip Protocol

Signing up for Field Trips

Students can sign-up for events in the UB classroom where we post sign-up sheets. These sign-up sheets are also made available at mandatory meetings during lunch, and the staff will often reserve spots for students whom they deem well-suited for a particular event.

Student Eligibility for College Field Trips

Eligibility for trips is dictated by student's academic performance. If a student has a D or an F on their transcript and they have not made up the class with a C or better, they are not 4-year school eligible and therefore, are not eligible for school visits.

Students must also be in "good standing" by either having a minimum 2.25 cumulative GPA, or by demonstrating consistent attendance in tutoring in efforts to raise their GPA.

No-show Policy

If a student cannot attend an event, we ask for a 24-hour notice, so that we may make that spot available to another person.

Parents May Be Called Under These Circumstances

Classroom Behavior

1. Rude behavior will be dealt with by the instructor in the classroom
2. Expulsion from classroom will result in a phone call and referral form

Academic Performance

1. GPA or specific grade/course concerns UB staff may have
2. Low class attendance and or lack of participation in UB activities

Health Reasons

1. Required hospital care
2. Not eating on an extended field trip or at UB Summer Academy
3. Any physical injury (ie. sprained ankle, burns, bee stings).
4. Giving OTC medication (Advil, Benadryl, Tylenol, etc.)

Student Behavior on Field Trips

1. Fighting
2. Swearing or rude interpersonal behavior to other students or staff
3. Sexual or inappropriate touching behavior of other students or staff
4. Disobeying any rules or guidelines established for any trip
5. Alcohol or drug use

Staff Decision-Making Process

Each UB member signs an agreement upon admission to the program. If students do not fulfill their agreements, UB staff will determine whether to revise the contract, or transfer the student to a different TRiO program, or exit the student from the program.

Appeals can be made by parents by setting up a joint meeting involving the UB Staff, the student, and parents.

Student behavior on field trips or during other UB sponsored activities

Staff will hold a short behavioral review session and obtain all information prior to deciding to send a student home from a field trip. The decision will be made by both staff members present on the trip.

Parents/Family will be called immediately with the decision and they will be informed how to pick up their child and when to attend a follow-up meeting addressing the concerns.

Parental Concern/Complaint Procedure

We recommend that you speak first with the UB staff primarily involved with the issue or incident to work towards a resolution.

If you and the staff cannot come up with a satisfactory resolution, you should then make an appointment to speak with the Director, Suzanne Gochis (530) 541-4660 ext. 231.

Ways In Which Parents Can Support Their Student's Education

- Become familiar with your student's class schedule, teachers, and attendance. (get familiar with Aeries!!) <http://www.ltusd.org/>
- Support and encourage participation in UB activities
- Review homework completion on a daily basis (Parents don't have to understand the course content to ensure that homework is completed).
- Communicate questions, concerns, etc. to UB staff.
- Encourage as much reading as possible. Visit the library or attend community events such as the Writer's Series hosted by Lake Tahoe Community College.
- Attend UB parent workshops or other family events
- Meet with your student and UB staff once per term.

Ways in Which UB Can Support Parents

- Inform parents about UB events.
- Communicate with parents about student participation in UB activities, especially the tutoring program.
- Encourage parents to continue their education by taking classes.
- Ask parents for suggestions for improving UB curriculum and activities. ***Please complete evaluation before leaving tonight!***
- Invite Parents to Financial Aid and other College Readiness workshops to provide information on the upcoming processes and changes involved with college admissions.

Questions, Comments, Suggestions

