

UPCOMING TRAININGS

Foster & Kinship Care Education Program

WINTER & SPRING 2019

JANUARY

Compassion Fatigue

Betsy Glass, LCSW

Tuesday / January 22

5:30 - 8:30 pm / LTCC Room A206

Resource Family Approval

Sarah Tran, MA & Molly Comunale, MS

Mondays & Wednesdays / January 28 - February 6

5:30 - 8:30 pm / Sierra Child & Family Services

FEBRUARY

Community Resources

- Art Therapy Group for Children / **Heather Anderson, Live Violence Free**

- Free Boys & Girls Club / **Jude Wood, Executive Director**

- SOS Outreach / **Theresa Papandera**

- Lake Tahoe USD - Foster Youth Advocacy / **Amanda Hammond, LTUSD**

- Big Brothers & Big Sisters Program / **Todd White**

Tuesday / February 5

5:30 - 8:30 pm / LTCC Room A206

Adverse Childhood Experiences Impacts ACES

Anatasia Ingram-Flores, El Dorado County Mental Health

Tuesday / February 26

5:30 - 8:30 pm / LTCC Room A 206

E-Cigarettes: The Effects on Our Youth

Penny Smart, El Dorado County Public Health Department

Thursday / February 28

5:30 - 8:30 pm / LTCC Room A 206

MARCH

Self-Harm & Suicide Prevention

Sabrina Owen, MS - El Dorado County Mental Health

Tuesday / March 5

5:30 - 8:30 pm / LTCC Room A206

Resource Family Approval

Sarah Tran, MA & Molly Comunale, MS

Mondays & Wednesdays / March 11-20

5:30 - 8:30 pm / Sierra Child & Family Services

Intro to Nurtured Heart Approach

Sarah Tran, MA

Tuesday / March 12

5:30 - 8:30 pm / LTCC Room A206

Attention Deficit & Hyperactivity Disorder (ADHD)

Dr. Protell

Tuesday / March 19

5:30 - 8:30 pm / LTCC Room A206

APRIL

Effects of Domestic Violence on Children

Kelsey Magoon & Kylie Postell, Live Violence Free

Tuesday / April 2

5:30 - 8:30 pm / LTCC Room A206

Depression & Substance Use Disorder

Sabrina Owen, MS - El Dorado County Mental Health

Tuesday / April 16

5:30 - 8:30 pm / Sierra Child & Family Services

National Alliance on Mental Illness (NAMI) -

Recognizing Mental Health Concerns & Navigating Care

Jeanne Nelson, NAMI Specialist

Tuesday / April 30

5:30 - 8:30 pm / LTCC Room: TBD

MAY

No Drama Discipline

Sarah Tran, MS

Tuesday / May 7 & 14

5:30 - 8:30 pm / LTCC Room: TBD

Body Image / Self Esteem in Children & Youth

Dr. Rupp

Tuesday / May 21

5:30 - 8:30 pm / LTCC Room: TBD

Grief & Loss - The Impact of All Family Members

Recognizing Mental Health Concerns & Navigating Care

Marianna Randolph

Tuesday / May 28

5:30 - 8:30 pm / LTCC Room: TBD

info & contact

Classes are FREE & open to the community

RSVP

Online @ www.ltcc.edu/FKCE
or contact

Kay Huxtable

(530) 541-4660 x 575

kehuxtable@ltcc.edu

LOCATIONS

Lake Tahoe Community College
One College Drive
South Lake Tahoe, CA 96150

Sierra Child & Family Services
2580 Lake Tahoe Blvd. #B
South Lake Tahoe, CA 96150

raffle at each training!