



Physical Therapy Aide



Overview: This employment skills certificate is offered by the Career & Technical Education and Physical Education departments in collaboration with Barton Health Care. Two Physical Therapy Aide courses augment two PE courses and students can expect to complete their training in one year. Students will learn how to assess vital signs, identify contraindications of treatment, and apply therapeutic modalities. Both PT Aide courses contain an externship component wherein students are placed in clinical positions to gain relevant on-the-job experience. This intensive training program culminates in a working skill set for Physical Therapy Aide and associated allied health professions. For further information about this program, contact the Career and Technical Education department at extension 583 or 723.

All courses from the following (14 units):

- HEA 119A Introduction to Physical Therapy Aide
- HEA 119B Advanced Physical Therapy Aide,
- PET 100 Introduction to Exercise Science
- PET 102A Care and Prevention of Athletic Injuries.

Course	Face-to-face offerings	Online Offerings
HEA 119A	Winter 2018/2020	No offerings
HEA 119B	Spring 2018/2020	No offerings
PET 100	Fall 2017/2019	No offerings
PET 102A	Fall 2017/2019	No offerings

HEA-119A: Physical Therapy Aide (Part 1) 3 units This course introduces students to the physical therapy and related allied health professions. Students will learn the foundational skills required to work as a Physical Therapy Aide and will develop a solid platform from which further studies in allied health careers can be pursued. Specific topics such as legal and ethical issues, medical terminology, basic anatomy, and human movement will be introduced. Students will also participate in externship experiences as an introduction to the rehabilitation field. In support of the stated student learning outcomes, this course includes eight TBA hours for a Physical Therapy Aide externship placement.

HEA-119B: Physical Therapy Aide (Part 2) 3 units This course builds on the knowledge gained in HEA 119A (Introduction to Physical Therapy Aide) and culminates in a working skill set for the Physical Therapy Aide profession. Students will learn how to assess vital signs, identify contraindications of treatment, and apply therapeutic modalities. Students will also build experience and knowledge in the application of therapeutic exercise and hands-on rehabilitation strategies through coursework and externships. In support of the stated student learning outcomes, this course includes 16 TBA hours for a Physical Therapy Aide externship placement.

Prerequisites: Completion of HEA 119A with a grade of "B" or better.

PET100: Introduction to Exercise Science 4 units This course introduces students to exercise physiology and its relationship to health, fitness, and performance. The course also introduces students to how the body's systems, such as cardiovascular and muscular, respond and adapt to exercise.

PET102A: Care and Prevention of Athletic Injuries 4 units This course provides an overview of the skeletal and muscular anatomy and kinesiological principles of movement. The course also introduces the mechanisms, signs and symptoms, evaluation, treatment modalities, and prevention activities of sports injuries.

Please note: Students are required to meet with a counselor to develop an educational plan. All schedules subject to change!

2017-18 Detailed Schedule for Physical Therapy Aide

- Fall 2017 PET-100-01 Monday/Wednesday 9/18 – 12/4/17 11:00AM – 12:50PM
- Fall 2017 PET-102A-01 Care and Prevention of Athletic Injuries Tuesday/Thursday 9/19 – 12/5/17 10:00 – 11:50AM
- Winter 2018 HEA-119A Introduction to Physical Therapy Aide Wednesday 1/10 – 3/28/18 3:00 – 6:05PM
- Spring 2018 HEA-119B Advanced Physical Therapy Aide Dates/Times To Be Announced

Please note: This program is offered every other year. Please contact a counselor for more information at 530-541-4660 ext. 211 or at counselor@ltcc.edu.

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Projected Schedule for Physical Therapy Aide

Summer 2017	Fall 2017	Winter 2018	Spring 2018	Summer 2018	Fall 2018	Winter 2019	Spring 2019
No Offerings	PET 100-01	HEA-119A-01	HEA-119B-01	No Offerings	No Offerings	No Offerings	No Offerings
	PET 102A-01						
Summer 2019	Fall 2019	Winter 2020	Spring 2020	Summer 2020	Fall 2020	Winter 2021	Spring 2021
No Offerings	PET 100-01	HEA-119A-01	HEA-119B-01	No Offerings	No Offerings	No Offerings	No Offerings
	PET 102A-01						

LTCC also offers a Departmental Certificate in *Personal Trainer Certification*. For more information, go to our website at www.ltcc.edu and click on the “Academics” tab, click on “Academic Programs” and then click on “[Personal Trainer Certification](#)”.

An Associate in Arts Degree for Transfer in Kinesiology is also offered through our college. For more information, go to our website at www.ltcc.edu and click on the “Academics” tab, click on “Academic Programs” and then click on “[Kinesiology](#)”.

To become a student at Lake Tahoe Community College, you will need to complete an online application before you can register for classes. Please go to our website at www.ltcc.edu/admissions and click on “Apply”. Your application might take up to 24 hours to process prior to your being able to enroll in specific courses, so please be patient and check the LTCC email you are assigned for updates. Contact Enrollment Services at 530-541-4660 ext. 211 or enrollmentservices@ltcc.edu for information on assessment, orientation, and counseling. To view the schedule of current classes, go to LTCC’s website at www.ltcc.edu and click on the “Academics” and the “[Schedule of Classes](#)” tab.