

South Lake Tahoe Community Mental Health Resources

24-HOUR Psychiatric Emergency

Services: (530) 544-2219

Live Violence Free 24 Hour Crisis

Line: (530) 544-4444

Tahoe Turning Point

2494 Lake Tahoe Boulevard,
South Lake Tahoe, CA 96150
(530) 541-4594

www.tahoeturningpoint.org

Services Provided:

- Drug and Alcohol Education
- Substance Abuse & Addiction counseling
- Family & Marriage counseling
- Anger management
- Stress management
- Parenting classes

Tahoe Youth & Family Services

1021 Fremont Avenue,
South Lake Tahoe, CA 96150
(530) 541-2445

www.tahoeyouth.org/

Current Services include:

- Individual & Family Counseling
- Adult Substance Abuse Counseling
- Adolescent Recovery Groups
- Individual Teen Drug & Alcohol Counseling
- Juvenile Treatment Center Counseling
- Counseling services for very young children
- Mentoring Program
- Street Outreach Program
- Teen Drop In/Resource Centers

Family Resource Center

3501 Spruce Avenue
South Lake Tahoe, CA 96150
(530) 542-0740

Programs offered include:

- Bilingual peer counseling
- Bilingual advocacy, and translations
- Weekly Latino parent groups
- Daily ESL
- Weekly bread distribution Monday through Friday 8:30-5:00
- Monthly emergency food assistance
- Free clothing for children and adults
- Spanish language parent training classes Children's therapy groups
- Yearly free legal clinics

A Balanced Life

Individual, Couples and Child Therapy
2100 Eloise Ave,
South Lake Tahoe, CA 96150
(530) 544-1748

www.abalancedlifetahoe.com

Thomas Dickey, LMFT

Marriage and Family Therapist
2489 Lake Tahoe Blvd,
South Lake Tahoe, CA 96150
(530) 542-0800

Laurie Gallagher, LCSW

3320 Sandy Way #4,
South Lake Tahoe, CA 96150
(530) 542-2409

Karen Maack, LMFT

Marriage and Family Therapist
2489 Lake Tahoe Blvd,
South Lake Tahoe, CA 96150
(530) 545-8928

Viola Nungary, LMFT

Marriage and Family Therapist
2489 Lake Tahoe Blvd Ste 26,
South Lake Tahoe, CA 96150
(530) 542-0800